

APPENDIX B*

Physical Examination Methodology

***Original forms were color coded; limited photocopy quality.**

**AIR FORCE HEALTH STUDY
Examiner's Handbook**

1987

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A. GENERAL INSTRUCTIONS

The Air Force Health Study is a multiyear effort to determine whether or not Air Force personnel who were engaged in the aerial spraying of herbicides in Vietnam have developed significant adverse health effects from that exposure. Detailed surveys of the world's literature have been used in designing the questionnaires, physical examination protocol, and laboratory procedure.

This phase of the study involves a followup cross-sectional assessment of the subject's health at the time of examination. It is important that examiners remain unaware of the subject's status as a Ranch Hand participant or as a Comparison subject. The physician examiner is tasked to examine and objectively record his findings. The examining physician is not to, and cannot be expected to, arrive at any definitive diagnosis, since the full history and the laboratory results will not be available to him. Medical history, laboratory results, and physical examination findings will be evaluated by an independent diagnostician employed by the contractor. This diagnostician will formulate diagnoses and differential diagnoses, if appropriate. Additional procedures to treat or evaluate emergency or urgent medical conditions will be directed only by this physician. In addition, he will present a detailed analysis and debriefing to the study subject and provide a copy of the analysis to the subject's personal physician, if authorized by the participant.

The physicians performing examinations for the study should be aware that the report of examination will become a permanent record. This report will be referred to not only in the near future as the cross-sectional data are analyzed, but also at the time of future followup phases of the project. These examinations will define the health status of the subjects at a point in time and will establish the presence or absence of abnormal physical findings. After statistical review of the study groups, these findings may permit definition of a chronic effect due to exposure. An inaccurate examination may lead to fallacious study results in two ways: a presumed syndrome may be defined that does not in fact exist, or a syndrome that in fact exists may not be defined with enough validity to warrant further actions.

The examining physician is responsible for recording a complete and detailed report of the physical examination. In this role, the examining physician is tasked with collecting evidence of the presence or absence of physical signs of abnormality only. All items on the physical examination report form must be completed. It is imperative that the physician make such additional remarks as may be required to describe existing physical and mental impairments adequately. Since clinical endpoints have not been well defined following chronic exposure to Herbicide Orange, the examining physician and the diagnostician must not definitively ascribe abnormalities to herbicide exposure during the course of the examination or during the patient's debriefing. If, during the examination, the physician discovers evidence of acute serious illness requiring immediate treatment, the normal emergency or urgent care procedure of the medical facility would apply. If, during the examination, there is evidence of illness requiring nonemergency medical attention, the diagnostician should inform the subject and offer to forward, or have forwarded, pertinent information to the subject's physician. A clear record of any such advice and treatment should be recorded. The ultimate

value of the study will lie in the collection of complete, accurate, and, whenever possible, quantitative data permitting the most stringent and powerful statistical analysis. For this reason, the physical examination protocol requires exact measurements in many instances and the use of defined meanings of semiquantitative indicators in other places.

B. CONDUCT OF THE EXAMINATION

1. Overview

Upon arrival at the examining facility, the subject should be briefed by the onsite monitor and a representative of the contractor on the appointments that have been arranged, their times, and locations.

The examination will be conducted in a manner identical to the process used in the 1985 examination, with the exception of the changes listed below and detailed in the subsequent sections of this handbook and in the revised Statement of Work.

a. Deletions:

- a) Psychological Testing Battery (MMPI, Cornell Index, and Halstead-Reitan Battery)
- b) Doppler examination of peripheral pulses
- c) 12-hour urine collection
- d) Porphyrin profile by HPLC
- e) Paired serum cortisol determinations
- f) Screening for antigens and antibodies to hepatitis B
- g) Mitogen stimulation of lymphocytes with pokeweed
- h) Stimulation of mixed lymphocyte cultures with frozen pool cells as controls
- i) Immunoglobulin electrophoresis (IgG, IgA, IgM)

b. Additions:

- a) Visual acuity screening and intraocular pressure measurement
- b) Screening audiometry
- c) Pulmonary function studies (FEV₁, FVC, FVC/FEV₁ ratio)
- d) Hemocult screening of three specimens with proctoscopic followup of positive subjects
- e) New psychological battery (Symptom Checklist R-90, Millon Multiaxial Inventory, sleep disorder)

- f) Blood pressure determination using automated equipment
 - g) D-glucaric acid determination using urine collected in 1985 and supplied by the Air Force
 - h) Surface marker assay
 - i) Mixed lymphocyte culture studies using fresh pool cells only
 - j) Natural killer cell functional assay with and without Interleukin-2
 - k) Automated serum protein profile
 - l) Drawing of approximately 350 cc of blood from all volunteers to be processed for determining serum 2,3,7,8-TCDD at the Centers for Disease Control (CDC).
- c. The mark-sense forms developed and used in the 1985 examination will be suitable for the 1987 examination with the following exceptions:
- o The Form AFHS-6, Halstead Neurophysiological Test Battery, will not be used.
 - o The Form AFHS-8, Vietnam Combat Index, will only be given to those subjects who did not participate in the 1985 examination.
 - o The Physical Features portion of the Form AFHS-4, Dermatologic Examination and Biopsy, will only be completed for those subjects who did not participate in the 1985 examination.

2. Psychological Battery

a. General:

This battery yields objective numerical data. The individual tests were chosen to insure an adequate analysis of one of the major alleged manifestations of herbicide toxicity. Each test either validates one of the other tests, or is considered to be a "definitive" test for analysis of a suspected psycho/neuropathic effect.

b. Specific Tests:

- (1) Symptom Check List R-90
- (2) Millon Multiaxial Clinical Inventory
- (3) Sleep Disturbance Instrument (Contractor Developed).

- c. Examination Results: Forward all test materials as scored with annotations, interpretations, and impressions to the diagnostician for inclusion in the subject's examination file.

- d. The psychologist in charge will conduct a one-to-one test debriefing with each subject to estimate the test-by-test and overall accuracy and validity of the test results and to discuss the results of the tests with the participant. A form for this purpose should be developed and filled out completely before forwarding, with the subject's raw data, to the diagnostician. If applicable, input from the testing technician is encouraged.

3. Electrocardiogram

- a. A standard 12-lead scalar electrogram is required. If an arrhythmia is observed, a 1-minute rhythm strip is requested, in addition. This electrocardiogram will be accomplished after a minimum 4-hour abstinence from smoking, food, and liquid intake.
- b. Mounting: Mount the tracing in the usual manner of the laboratory for the recorder used.
- c. Disposition: Forward the mounted tracing and rhythm strip, if obtained, to the diagnostician.
- d. Interpretation: The electrocardiograms will be interpreted by cardiologists at the examination center.

4. Visual Acuity Screening and Intraocular Pressure

Screening for near and distant visual acuity will be conducted using equipment and procedures selected by the contractor and approved by the Air Force. Intraocular pressure to screen for the presence of glaucoma will be conducted using tonometry equipment, which does not come in contact with the cornea, selected by the contractor and approved by the Air Force.

5. Pulmonary Function Testing

Standard evaluation of pulmonary function will be conducted on each participant following at least 4 hours abstention from the use of tobacco products and will include as a minimum forced expiratory volume at 1 second, total vital capacity, and the ratio of the two measurements.

6. Screening Audiometry

Screening of hearing will be conducted using equipment and procedures selected by the contractor and approved by the Air Force.

7. Automated Blood Pressure Determination

An electronic device will be used to take all blood pressure measurements. The device to be used will be selected by the contractor and approved by the Air Force.

8. Stool Examination for Occult Blood

Three stool specimens from each participant will be tested for the presence of occult blood and a proctoscopic evaluation will be conducted on each individual found to be positive. If lesions are discovered, then upon obtaining patient permission, a biopsy of the lesions shall be performed.

9. Radiographic Examination

- a. Examination: A standard 14x17 in., standing, roentgenogram in the PA position.
- b. Interpretation: A board-certified radiologist at the examination center will interpret the roentgenogram, record the results, and forward them to the diagnostician.

10. Laboratory Procedures

a. General Instructions; First Day:

- (1) The patient should report in the morning in a fasting state having had water only after midnight.

b. General Instructions; Second Day:

- (1) Serum hormone levels should be determined from specimens collected on the morning of the second day. Hormonal levels appear to oscillate rapidly in a random fashion. Distributions drift with time, suggesting diurnal variations, and some are affected by nonfasting state. Therefore, patients should be fasting prior to drawing blood for hormone analysis. Serum for dioxin determination will be drawn on all participants who consent to this procedure. Sufficient blood will be drawn to bring the total volume taken over the 2 days to 450 cc.

c. Specific Tests to be Performed:

- (1) Hematocrit
- (2) Hemoglobin
- (3) Erythrocyte Sedimentation Rate
- (4) RBC Indices
- (5) White Blood Cell Count
- (6) Platelet Count
- (7) Urinalysis
- (8) Blood Urea Nitrogen

- (9) Fasting Plasma Glucose
- (10) 2-Hour Postprandial Plasma Glucose
- (11) NOT USED
- (12) Automated Serum Protein Profile
- (13) Cholesterol and HDL Cholesterol
- (14) Triglycerides
- (15) Bilirubin (Total and Direct)
- (16) Aspartate Aminotransferase (AST) (formerly SGOT)
- (17) Alanine Aminotransferase (ALT) (formerly SGPT)
- (18) Gamma Glutamyltransferase (GGT)
- (19) Alkaline Phosphatase
- (20) LDH
- (21) D-Gluconic Acid Assay
- (22) CPK
- (23) RPR; if positive, send serum to USAFSAM/EKLM, Brooks AFB
- (24) LH
- (25) Protein Electrophoresis
- (26) Testosterone
- (27) Thyroid Profile (T₃ Uptake, T₄, TSH)
- (28) Prothrombin Time
- (29) Skin testing of immunological response using recall antigens for candida, mumps, trichophyton, and staph-phage-lysate. The contractor shall draw all blood for immunologic testing prior to skin testing. Individuals selected for immunologic blood drawing on day 2 of the exam shall be exempted from the skin test requirements.
- (30) NOT USED
- (31) NOT USED
- (32) FSH

- (33) Serum drawn for dioxin determination (analyses to be performed by the CDC)
- d. The following immunological assays will be performed on blood from 40 percent of the participants randomly selected using selection procedures identical to those used for the 1985 immunological evaluation:
 - (1) Total T cells
 - (2) Helper T cells
 - (3) Suppressor T cells
 - (4) Monocytes
 - (5) B cells
 - (6) HLA-DR cells
 - (7) Activated T cells
 - (8) Functional assays using Phytohemagglutinin, mixed leukocyte culture, and natural killer cells will be performed.



PARTICIPANT LABEL

CASE NUMBER

GROUP NUMBER



EXAMINER I.D. NO.

FORM AFHS-1 FAMILY AND PERSONAL HISTORY

YEAR 5
FOLLOW UP

FAMILY HISTORY

DARKEN NONE OR EACH
KNOWN OCCURRENCE OF:

NONE

SELF

RELATIVES

CURRENT FAMILY

GRANDPARENTS

PARENTS

SIBLINGS

CHILDREN

MATERNAL PATERNAL

MOTHER

FATHER

SISTERS

BROTHERS

WIFE

GIRLS

BOYS

1. ADOPTED
2. DIABETES
3. EPILEPSY
4. STROKE
5. HIGH BLOOD PRESSURE
6. HARDENING OF ARTERIES
7. HEART TROUBLE/ANGINA
8. BLOOD DISEASE
9. LEUKEMIA
10. LUNG CANCER
11. OTHER CANCER
12. SMOKING HISTORY
13. STOMACH TROUBLE
14. NERVOUS TROUBLE
15. SLEEPING TROUBLE
16. ALCOHOLISM
17. ALZHEIMER'S DISEASE
18. PARKINSON'S DISEASE
19. MENTAL DISTURBANCE(S)
20. ARTHRITIS
21. BIRTH DEFECTS
22. ALLERGIES
23. OTHER MEDICAL TROUBLES

V (N) COMMENTS?

SUMMARY OF GENERAL HEALTH QUALITY THROUGHOUT LIFE

RELATION		LIVE BIRTHS # GIRLS # BOYS		LIFETIME HEALTH IS/WAS? EXCELLENT GOOD FAIR POOR			
<input type="radio"/>	MOTHER	<input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	FATHER	<input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	SELF	<input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	SPOUSE 1	<input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	SPOUSE 2	<input type="text"/>	<input type="text"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
FAMILY MEMBERS		AGE IN YEARS	ALIVE NOW?	IF DECEASED— CAUSE OF DEATH			
B = BROTHER S = SISTER C = CHILD	SEX F M			CANCER HEART	ACCIDENT STROKE	OTHER SUICIDE	?
MOTHER	<input checked="" type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
FATHER	<input checked="" type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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SUMMARY OF TREATMENTS

MONTH/YEAR OF LAST EXAM _____

- ☐ ☐ WERE ANY NEW ABNORMALITIES FOUND AT YOUR LAST PHYSICAL EXAMINATION?
☐ ☐ ARE YOU CURRENTLY RECEIVING ANY MEDICATIONS OR TREATMENTS?
☐ ☐ HAVE YOU EVER TAKEN ANY MEDICATIONS OR TREATMENTS FOR LONGER THAN 1 MONTH?
☐ ☐ HAVE YOU EVER HAD A SERIOUS ILLNESS?
☐ ☐ HAVE YOU EVER HAD A SERIOUS INJURY?
☐ ☐ HAVE YOU EVER HAD A SURGICAL OPERATION?

0 1 2 3 4 5 6 7 8 9 or more

HOW MANY TIMES HAVE YOU BEEN HOSPITALIZED?

YEAR	AGE	DESCRIPTION OF OPERATION/INJURY/ILLNESS	MEDICATION/TREATMENT

PERSONAL HISTORY

DARKEN THE ☐ BUBBLE IF YOU HAVE EVER EXPERIENCED ONE OF THE FOLLOWING CONDITIONS, OTHERWISE DARKEN ☐.

YES NO	YES NO	YES NO	ANY REPEATING OCCURRENCES IN THE LAST YEAR? YES NO <input type="radio"/> <input type="radio"/> PNEUMONIA <input type="radio"/> <input type="radio"/> KIDNEY INFECTIONS <input type="radio"/> <input type="radio"/> SKIN BOILS <input type="radio"/> <input type="radio"/> OTHER INFECTIONS
<input type="radio"/> <input type="radio"/> CATARACTS <input type="radio"/> <input type="radio"/> TONSILITIS <input type="radio"/> <input type="radio"/> SINUSITIS <input type="radio"/> <input type="radio"/> GOITER <input type="radio"/> <input type="radio"/> HAY FEVER <input type="radio"/> <input type="radio"/> ASTHMA <input type="radio"/> <input type="radio"/> BRONCHITIS <input type="radio"/> <input type="radio"/> PLEURISY <input type="radio"/> <input type="radio"/> PNEUMONIA <input type="radio"/> <input type="radio"/> TUBERCULOSIS <input type="radio"/> <input type="radio"/> HEART TROUBLE <input type="radio"/> <input type="radio"/> STOMACH TROUBLE <input type="radio"/> <input type="radio"/> ULCERS <input type="radio"/> <input type="radio"/> GALLSTONES <input type="radio"/> <input type="radio"/> JAUNDICE <input type="radio"/> <input type="radio"/> LIVER TROUBLE <input type="radio"/> <input type="radio"/> SKIN TROUBLE <input type="radio"/> <input type="radio"/> ACNE <input type="radio"/> <input type="radio"/> EXCESS HAIR GROWTH <input type="radio"/> <input type="radio"/> OTHER SKIN TROUBLE	<input type="radio"/> <input type="radio"/> HEPATITIS <input type="radio"/> <input type="radio"/> WORMS <input type="radio"/> <input type="radio"/> COLITIS <input type="radio"/> <input type="radio"/> HEMORRHOIDS <input type="radio"/> <input type="radio"/> KIDNEY STONES <input type="radio"/> <input type="radio"/> KIDNEY TROUBLE <input type="radio"/> <input type="radio"/> BLADDER TROUBLE <input type="radio"/> <input type="radio"/> PROSTATE TROUBLE <input type="radio"/> <input type="radio"/> SYPHILIS <input type="radio"/> <input type="radio"/> GONORRHEA <input type="radio"/> <input type="radio"/> FAINTING <input type="radio"/> <input type="radio"/> FITS OR CONVULSIONS <input type="radio"/> <input type="radio"/> DEPRESSION <input type="radio"/> <input type="radio"/> NERVOUS BREAKDOWN <input type="radio"/> <input type="radio"/> PARALYSIS <input type="radio"/> <input type="radio"/> MUSCLE PAIN <input type="radio"/> <input type="radio"/> MUSCLE WEAKNESS <input type="radio"/> <input type="radio"/> NUMBNESS <input type="radio"/> <input type="radio"/> LOSS OF SENSATION <input type="radio"/> <input type="radio"/> LOSS OF SEX DRIVE	<input type="radio"/> <input type="radio"/> MINOR ARTHRITIS <input type="radio"/> <input type="radio"/> RHEUMATOID ARTHRITIS <input type="radio"/> <input type="radio"/> SEVERE ARTHRITIS <input type="radio"/> <input type="radio"/> SYSTEMIC LUPUS ERYTHEMATOSIS <input type="radio"/> <input type="radio"/> SCLERODERMA <input type="radio"/> <input type="radio"/> RHEUMATIC FEVER <input type="radio"/> <input type="radio"/> CANCER OR TUMOR <input type="radio"/> <input type="radio"/> VARICOSE VEINS <input type="radio"/> <input type="radio"/> PHLEBITIS <input type="radio"/> <input type="radio"/> HERNIA (RUPTURE) <input type="radio"/> <input type="radio"/> ANEMIA <input type="radio"/> <input type="radio"/> POLIO <input type="radio"/> <input type="radio"/> MUMPS <input type="radio"/> <input type="radio"/> MALARIA <input type="radio"/> <input type="radio"/> GOUT <input type="radio"/> <input type="radio"/> DIABETES <input type="radio"/> <input type="radio"/> MEASLES <input type="radio"/> <input type="radio"/> DYSENTERY	

DESCRIBE OTHER SKIN TROUBLE OR INFECTIONS

☐ ☐ COMMENTS?

EXERCISE HISTORY

I WAS A MEMBER OF THE FOLLOWING ATHLETIC TEAMS DURING:

	NONE	SOFTBALL BASEBALL	SOCCER	FOOTBALL	BASKETBALL	RUGBY	TRACK	GYMNASTICS	SWIM	TENNIS	OTHER
ELEMENTARY SCHOOL (GRADES 0-6)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
JUNIOR HIGH SCHOOL (GRADES 7-9)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
HIGH SCHOOL (GRADES 10-12)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
AFTER HIGH SCHOOL	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
CURRENTLY	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

☐ ☐ COMMENTS?

MY MOST REGULAR FORM OF EXERCISE NOW IS TO:

- | | | | | |
|----------------------------|--------------------------------|---|--|------------------------------------|
| <input type="radio"/> JOG | <input type="radio"/> SWIM | <input type="radio"/> BICYCLE | <input type="radio"/> HUNT/FISH | <input type="radio"/> HIKE |
| <input type="radio"/> ROW | <input type="radio"/> WALK | <input type="radio"/> LIFT WEIGHTS | <input type="radio"/> TENNIS/
RACQUETBALL | <input type="radio"/> MT.
CLIMB |
| <input type="radio"/> GOLF | <input type="radio"/> AEROBICS | <input type="radio"/> USE NAUTILUS
EQUIPMENT | <input type="radio"/> CALISTHENICS
(PUSHUPS, ETC) | <input type="radio"/> OTHER |

PARTICIPANT IDENTIFICATION



FORM AFHS 1B FAMILY AND PERSONAL HISTORY CONTINUED

GENERAL HEALTH QUALITY OF FAMILY MEMBERS (CONTINUED)

CONTINUE TO MARK THE SEX, CURRENT AGE OR AGE AT DEATH AND CAUSE OF DEATH FOR THE 7TH OR MORE BROTHERS, SISTERS OR CHILDREN YOU HAVE AS FAMILY MEMBERS.

FAMILY MEMBERS		SEX F M	AGE IN YEARS	ALIVE NOW?	IF DECEASED - WHAT WAS THE CAUSE OF DEATH ?						
B = BROTHER	S = SISTER				HEART	CANCER	STROKE	ACCIDENT	SUICIDE	OTHER	?
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

COMMENTS / CLARIFICATIONS :

I WAS THE ____ CHILD BORN OF ____ BROTHERS AND ____ SISTERS.

I HAVE Sired ____ BOY CHILDREN AND ____ GIRL CHILDREN.

SUMMARY OF WORK + LEISURE HOURS

I AM / WAS ELIGIBLE FOR RETIREMENT ON : ____ AT AGE ____ YEARS.
(MONTH/YEAR)

I WORK(ED) ____ REGULAR HOURS PER WEEK ____ DAYS PER WEEK.

I WORK(ED) ____ PAID OVERTIME HRS/WEEK ____ UNPAID OVERTIME HOURS/WEEK.

I RECIEVE(D) ____ VACATION DAYS/YEAR ____ PAID HOLIDAYS/YEAR.

I GENERALLY SLEEP ____ HOURS/WORKNIGHT ____ HOURS ON DAYS OFF (INCLUDE NAPS).

SUMMARY OF BODY WEIGHT CHANGES

MY CURRENT WEIGHT RANGE IS ____ LBS + OR - ____ LBS.

MY PREFERRED WEIGHT RANGE IS ____ LBS + OR - ____ LBS.

THE MOST I EVER WEIGHED WAS ____ LBS BETWEEN AGES ____ TO ____ YEARS.

THE MOST FIT I HAVE EVER BEEN WAS BETWEEN AGES ____ TO ____ YEARS.

I WEIGHED ____ LBS AND WAS ____ FT ____ INCHES TALL AT THE TIME.

THE MOST WEIGHT I EVER LOST WAS ____ LBS DUE TO :

☐ ILLNESS/INJURY ☐ STRESS ☐ DIETING ☐ EXERCISE ☐ DEPRESSION ☐ OTHER

COMMENTS/CLARIFICATIONS :

	NEVER	< 12 TIMES/YEAR	1-4 TIMES/MONTH	2-3 TIMES/WEEK	DAILY	
I	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	USE NON-PRESCRIPTION STIMULANTS TO STAY ALERT (NO-DOZE, ETC)
I	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	USE NON-PRESCRIPTION SLEEP AIDS
I	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	USE ALCOHOL TO HELP ME SLEEP
I	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	TAKE TRYPTOPHAN TO HELP ME SLEEP
I	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	TAKE VITAMINS

I CURRENTLY CONSUME A WEEKLY AVERAGE OF:

_____ TO _____ CANS OR BOTTLES _____ TO _____ CANS OR BOTTLES LIGHT BEER PER WEEK
 REGULAR BEER
 _____ TO _____ GLASSES OF WINE _____ TO _____ MIXED DRINKS _____ TO _____ OZ. UNMIXED LIQUOR
 PER WEEK

I CURRENTLY CONSUME OR SMOKE A DAILY AVERAGE OF:

_____ TO _____ CIGARETTES _____ TO _____ CIGARS PER DAY
 _____ TO _____ BOWLS OF PIPE TOBACCO _____ TO _____ PINCHES OF CHEW A DAY
 _____ TO _____ CUPS CAFFEINATED COFFEE _____ TO _____ CUPS/GLASSES SUGAR COLA
 _____ TO _____ CANS/GLASSES DIET COLA
 _____ TO _____ CUPS DECAFFEINATED COFFEE _____ TO _____ CUPS DECAFFEINATED TEA
 _____ TO _____ CANS DECAFFEINATED COLA _____ TO _____ CANS DECAFFEINATED DIET COLA
 _____ TO _____ CUPS/GLASSES BOTTLED _____ TO _____ CUPS/GLASSES TAP WATER PER DAY
 WATER PER DAY

I LIKE ☐ SUGAR ☐ SACCHARIN ☐ EQUAL; ☐ CREAM ☐ MILK ☐ POWDERED CREAMER IN MY COFFEEI LIKE ☐ SUGAR ☐ SACCHARIN ☐ EQUAL; ☐ CREAM ☐ MILK ☐ POWDERED CREAMER IN MY TEA

WHICH ONE OF THE FOLLOWING FOODS DO YOU CRAVE MOST? WHEN DOES YOUR HIGHEST ENERGY PERIOD OCCUR?

☐ STEAK, SALTY FOODS☐ BREAD, SWEETS☐ DAIRY PRODUCTS☐ ENERGETIC ALL DAY☐ FOLLOWING MEALS
(ESPECIALLY BREAKFAST + DINNER)☐ FIRST THING IN THE MORNING

YES NO

☐ DO YOU HAVE ANY PHYSICAL OR NERVOUS COMPLAINTS OR CONCERNS?☐ DO YOU HAVE ANY ALLERGIES OR SEVERE REACTIONS TO:
MEDICINES, FOODS, PLANTS, CHEMICALS, ETC?

COMMENTS:

 FORM QA AUDIT DONE BY:
 ID# INITIALS DATE

PARTICIPANT LABEL

CASE NUMBER

GROUP NUMBER

0	1	2	3	4	5	6	7	8	9
0	1	2	3	4	5	6	7	8	9
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FORM ARHS 2A

REVIEW OF SYSTEMS

YEAR 5
FOLLOW UP

Please ANSWER ALL QUESTIONS. If in doubt, GUESS Yes or No.

If you are bothered by or concerned about the following conditions, darken the **Y** (YES) Bubble.
Otherwise mark **N** for NO.

The Doctor or Nurse will ask about the details later.

QUESTIONNAIRE

YES NO

ANY FURTHER COMMENTS NOTED? **Y** **N**

Y **N** ANY FOODS THAT TEND TO
DISAGREE (WHICH ONES?) _____

Y **N** FREQUENT ITCH OR RASH?
(WHERE/WHEN?) _____

Y **N** SWELLING, LUMP, OR SORENESS
ANYWHERE ON BODY? (WHERE?) _____

Y **N** NUMBNESS OR TINGLING?
(WHERE?) _____

Y **N** TWITCHING MUSCLES?
(WHERE?) _____

HOW MANY TIMES DO YOU WAKE FROM SLEEP TO URINATE _____ **0** **1** **2** **3** **4** **5** **6** **7** **8** **9** OR MORE

YES NO

Q#

COMMENT

YES NO

- Y** **N** 1. SEVERE HEADACHES OR HEAD PAINS
- Y** **N** 2. ANY DISTURBANCE IN VISION
- Y** **N** 3. PAIN OR DISCOMFORT IN EYES
- Y** **N** 4. WEAR GLASSES (OR CONTACT LENSES?)
- Y** **N** 5. CONSTANT NOISE IN EARS
- Y** **N** 6. HARD OF HEARING
- Y** **N** 7. EAR ACHE WITH COLDS
- Y** **N** 8. EAR ACHE WITH PLANE FLIGHTS
- Y** **N** 9. CHRONIC RINGING EARS
- Y** **N** 10. CHRONIC STUFFY OR RUNNY NOSE
- Y** **N** 11. NEED TO USE NOSE DROPS FREQUENTLY
- Y** **N** 12. BAD NOSE BLEEDS AT TIMES
- Y** **N** 13. FREQUENT SEVERE COLDS OR SORE THROAT
- Y** **N** 14. ANY KNOWN DENTAL PROBLEMS
- Y** **N** 15. SORENESS OR BLEEDING OF GUMS
- Y** **N** 16. MORE THAN A YEAR SINCE TEETH CHECKED
- Y** **N** 17. SORE MOUTH OR TONGUE
- Y** **N** 18. GOITER OR THYROID TROUBLE
- Y** **N** 19. THYROID TEST TOO HIGH
- Y** **N** 20. THYROID TEST TOO LOW
- Y** **N** 21. FEELING OF LUMP IN THE THROAT
- Y** **N** 22. NEED TO TAKE THYROID MEDICINE
- Y** **N** 23. HOARSENESS AT TIMES
- Y** **N** 24. RECENT OR CHRONIC COUGH
- Y** **N** 25. CHRONIC COUGHING UP OF SPUTUM
- Y** **N** 26. EVER COUGHING UP OF SPUTUM
- Y** **N** 27. ACHE ALL OVER
- Y** **N** 28. HAVING CHILLS OR FEVER
- Y** **N** 29. SEVERE SOAKING NIGHT SWEATS
- Y** **N** 30. LIVED WITH ANYONE HAVING TB

- Y** **N** 31. WORRIED ABOUT YOUR HEART
- Y** **N** 32. BLOOD PRESSURE TOO HIGH
- Y** **N** 33. BLOOD PRESSURE TOO LOW
- Y** **N** 34. PAINS IN HEART OR CHEST
- Y** **N** 35. POUNDING OR SKIPPING OF HEART
- Y** **N** 36. HEART STARTS RACING SUDDENLY
- Y** **N** 37. SHORTNESS OF BREATH OR WHEEZING
- Y** **N** 38. TROUBLE GETTING A DEEP BREATH
- Y** **N** 39. SWELLING ANKLES
- Y** **N** 40. LEG CRAMPS IN BED OR SITTING STILL
- Y** **N** 41. LEG CRAMPS WHILE WALKING
- Y** **N** 42. PAIN OR TROUBLE WITH SWALLOWING
- Y** **N** 43. POOR APPETITE RECENTLY
- Y** **N** 44. POOR APPETITE ALWAYS
- Y** **N** 45. NAUSEA OR VOMITING
- Y** **N** 46. VOMITING OF BLOOD
- Y** **N** 47. BELCHING, BLOATING OR INDIGESTION
- Y** **N** 48. YELLOW SKIN OR EYES (JAUNDICE)
- Y** **N** 49. BURNING OR HUNGER PAINS IN STOMACH
- Y** **N** 50. USE ANTACIDS FOR STOMACH BURNING
- Y** **N** 51. SORENESS OR PAIN IN STOMACH, ABDOMEN
- Y** **N** 52. SUSPECT ULCERS OR STOMACH TROUBLE
- Y** **N** 53. CRAMPS IN STOMACH OR LOW DOWN
- Y** **N** 54. LOOSE BOWELS OR DIARRHEA
- Y** **N** 55. BLACK OR TARRY STOOLS (BOWEL MOVEMENT)
- Y** **N** 56. FRESH OR BRIGHT BLOOD WITH STOOLS
- Y** **N** 57. MUCUS (SLIME OR PHLEGM) IN STOOLS
- Y** **N** 58. CONSTIPATION
- Y** **N** 59. USE LAXATIVES FREQUENTLY
- Y** **N** 60. USE ENEMAS FREQUENTLY

Q1 - 60 COMMENTS? _____

Y **N**

PLEASE DO NOT MARK IN THIS SPACE


QUESTIONNAIRE (CONTINUED)

YES NO	Q#	COMMENT	YES NO
<input type="radio"/> <input type="radio"/> 61. RECENT CHANGE IN BOWEL HABITS			<input type="radio"/> <input type="radio"/> 91. NAIL BITING
<input type="radio"/> <input type="radio"/> 62. RECTAL TROUBLE OR PAIN			<input type="radio"/> <input type="radio"/> 92. SLEEP WALKING
<input type="radio"/> <input type="radio"/> 63. PAIN IN THE KIDNEY REGION			<input type="radio"/> <input type="radio"/> 93. BED WETTING AFTER AGE 12
<input type="radio"/> <input type="radio"/> 64. BLOOD OR PUS IN URINE			<input type="radio"/> <input type="radio"/> 94. CHRONICALLY TIRED OR OVERWORKED
<input type="radio"/> <input type="radio"/> 65. ALBUMIN IN URINE			<input type="radio"/> <input type="radio"/> 95. IRREGULAR LIVING HABITS
<input type="radio"/> <input type="radio"/> 66. SUGAR IN URINE			<input type="radio"/> <input type="radio"/> 96. CANT GO TO SLEEP OR STAY ASLEEP
<input type="radio"/> <input type="radio"/> 67. SPELLS OF FREQUENT URINATION			<input type="radio"/> <input type="radio"/> 97. NEARLY ALWAYS IN POOR HEALTH
<input type="radio"/> <input type="radio"/> 68. SEVERE BURNING OR PAIN ON URINATION			<input type="radio"/> <input type="radio"/> 98. CONSIDERED TO BE A NERVOUS PERSON
<input type="radio"/> <input type="radio"/> 69. PAINS OVER BLADDER OR LOW DOWN			<input type="radio"/> <input type="radio"/> 99. FROM SICKLY OR NERVOUS FAMILY
<input type="radio"/> <input type="radio"/> 70. TROUBLE STARTING URINE			<input type="radio"/> <input type="radio"/> 100. TREMBLE AND SWEAT EASILY
<input type="radio"/> <input type="radio"/> 71. URINARY STREAM HAS BECOME WEAK			<input type="radio"/> <input type="radio"/> 101. HAVE TROUBLE MAKING UP YOUR MIND
<input type="radio"/> <input type="radio"/> 72. HARD TO EMPTY BLADDER COMPLETELY			<input type="radio"/> <input type="radio"/> 102. EASILY MIXED UP OR CONFUSED
<input type="radio"/> <input type="radio"/> 73. LOSE CONTROL OF PASSING URINE			<input type="radio"/> <input type="radio"/> 103. CLUMSY OR HAVE FREQUENT ACCIDENTS
<input type="radio"/> <input type="radio"/> 74. PAINFUL OR SORE GENITALS (PRIVATES)			<input type="radio"/> <input type="radio"/> 104. FEEL SAD, LONELY OR DEPRESSED
<input type="radio"/> <input type="radio"/> 75. SWOLLEN OR PAINFUL JOINTS			<input type="radio"/> <input type="radio"/> 105. CRY OFTEN
<input type="radio"/> <input type="radio"/> 76. STIFFNESS OF MUSCLES OR JOINTS			<input type="radio"/> <input type="radio"/> 106. WISH I WERE DEAD
<input type="radio"/> <input type="radio"/> 77. SEVERE PAINS IN ARMS OR LEGS			<input type="radio"/> <input type="radio"/> 107. WORRY CONTINUALLY
<input type="radio"/> <input type="radio"/> 78. PAINFUL FEET			<input type="radio"/> <input type="radio"/> 108. UPSET BY LITTLE THINGS
<input type="radio"/> <input type="radio"/> 79. BACKACHE			<input type="radio"/> <input type="radio"/> 109. A PERFECTIONIST
<input type="radio"/> <input type="radio"/> 80. PAINS IN NECK			<input type="radio"/> <input type="radio"/> 110. SENSITIVE OR FEELINGS EASILY HURT
<input type="radio"/> <input type="radio"/> 81. EASY TO SUNBURN			<input type="radio"/> <input type="radio"/> 111. OFTEN MISUNDERSTOOD
<input type="radio"/> <input type="radio"/> 82. SUBJECT TO ACNE			<input type="radio"/> <input type="radio"/> 112. OFTEN ACT ON SUDDEN IMPULSE
<input type="radio"/> <input type="radio"/> 83. SUBJECT TO BOILS OR INFECTION			<input type="radio"/> <input type="radio"/> 113. EASILY ANGERED OR HAVE VIOLENT RA
<input type="radio"/> <input type="radio"/> 84. SUBJECT TO ATHLETE'S FOOT, SKIN FUNGUS			<input type="radio"/> <input type="radio"/> 114. FREQUENTLY KEYED UP AND JITTERY
<input type="radio"/> <input type="radio"/> 85. SUBJECT TO HIVES OR SKIN REACTIONS			<input type="radio"/> <input type="radio"/> 115. EASILY SCARED BY SUDDEN NOISE
<input type="radio"/> <input type="radio"/> 86. EASY BLEEDING OR BRUISING			<input type="radio"/> <input type="radio"/> 116. HAVE BAD DREAMS OR THOUGHTS
<input type="radio"/> <input type="radio"/> 87. MOLE OR SORE WHICH IS NOT HEALING			<input type="radio"/> <input type="radio"/> 117. SUSPECT A SERIOUS DISEASE OR CANCER
<input type="radio"/> <input type="radio"/> 88. SEVERE DIZZINESS			<input type="radio"/> <input type="radio"/> 118. HAVING TROUBLE GETTING ALONG WITH SOMEONE AT HOME OR AT WORK
<input type="radio"/> <input type="radio"/> 89. GENERALIZED WEAKNESS			
<input type="radio"/> <input type="radio"/> 90. MUSCLE WEAKNESS			
Q61 - 118 COMMENTS? →			<input type="radio"/> <input type="radio"/>

EXPOSURE HISTORY

HAVE YOU EVER BEEN EXPOSED TO ANY OF THE FOLLOWING SUBSTANCES OR TYPES OF RADIATION?
EXPOSURE IS DEFINED AS SKIN OR RESPIRATORY CONTACT OF MORE THAN ONE DAY'S DURATION.
FOR EACH "YES" RESPONSE, PLEASE COMPLETE ONE OF THE THREE BLOCKS ON FORM AFHS-2B.

YES NO		REVIEWER'S COMMENTS:	YES NO	
<input type="radio"/> <input type="radio"/> COAL TAR			<input type="radio"/> <input type="radio"/> CHLOROMETHYL ETHER	
<input type="radio"/> <input type="radio"/> CREOSOTE			<input type="radio"/> <input type="radio"/> ARSENIC	
<input type="radio"/> <input type="radio"/> ANTHRACENE			<input type="radio"/> <input type="radio"/> CHROMATES	
<input type="radio"/> <input type="radio"/> BENZENE			<input type="radio"/> <input type="radio"/> ASBESTOS	
<input type="radio"/> <input type="radio"/> BENZIDINE			<input type="radio"/> <input type="radio"/> CUTTING OILS	
<input type="radio"/> <input type="radio"/> NAPHTHYLAMINE			<input type="radio"/> <input type="radio"/> TRICHLOROETHYLENE	
<input type="radio"/> <input type="radio"/> AMINODIPHENYL			<input type="radio"/> <input type="radio"/> ULTRAVIOLET LIGHT (OTHER THAN SUN)	
<input type="radio"/> <input type="radio"/> MUSTARD GAS			<input type="radio"/> <input type="radio"/> X-RAYS (OTHER THAN ROUTINE)	
<input type="radio"/> <input type="radio"/> VINYL CHLORIDE			<input type="radio"/> <input type="radio"/> IONIZING RADIATION (OTHER THAN X-RAYS)	
FORM QA AUDIT BY: ID 1 2 3 4 5 6				
DATE:				
INITIALS				
FURTHER COMMENTS PROVIDED ON CONTINUATION SHEET AFHS-2B? → <input type="radio"/> <input type="radio"/>				

CASE NUMBER					NAME OF PARTICIPANT			
				C	LAST	FIRST	MI	
PAGE <input type="text"/> OF <input type="text"/>					FORM AFHS-2B EXPOSURE HISTORY DETAILS			

FOR EACH "YES" EXPOSURE AT THE END OF FORM AFHS-2A, PLEASE FILL OUT ONE OF THE FOLLOWING BLOCKS. USE ADDITIONAL SHEETS IF NECESSARY.

TYPE OF EXPOSURE (COAL TAR, ETC.)					WAS EXPOSURE RECEIVED ON THE JOB?		YES	NO	
IF ON-THE-JOB EXPOSURE, JOB TITLE									
IF NOT ON-THE-JOB EXPOSURE, HOW EXPOSURE RECEIVED									
CHECK FREQUENCY OF EXPOSURE THAT BEST FITS YOUR EXPERIENCE					DAILY	WEEKLY	MONTHLY	YEARLY	IN WHAT YEAR(S) WERE YOU EXPOSED?

TYPE OF EXPOSURE (COAL TAR, ETC.)					WAS EXPOSURE RECEIVED ON THE JOB?		YES	NO	
IF ON-THE-JOB EXPOSURE, JOB TITLE									
IF NOT ON-THE-JOB EXPOSURE, HOW EXPOSURE RECEIVED									
CHECK FREQUENCY OF EXPOSURE THAT BEST FITS YOUR EXPERIENCE					DAILY	WEEKLY	MONTHLY	YEARLY	IN WHAT YEAR(S) WERE YOU EXPOSED?

TYPE OF EXPOSURE (COAL TAR, ETC.)					WAS EXPOSURE RECEIVED ON THE JOB?		YES	NO	
IF ON-THE-JOB EXPOSURE, JOB TITLE									
IF NOT ON-THE-JOB EXPOSURE, HOW EXPOSURE RECEIVED									
CHECK FREQUENCY OF EXPOSURE THAT BEST FITS YOUR EXPERIENCE					DAILY	WEEKLY	MONTHLY	YEARLY	IN WHAT YEAR(S) WERE YOU EXPOSED?

TYPE OF EXPOSURE (COAL TAR, ETC.)					WAS EXPOSURE RECEIVED ON THE JOB?		YES	NO	
IF ON-THE-JOB EXPOSURE, JOB TITLE									
IF NOT ON-THE-JOB EXPOSURE, HOW EXPOSURE RECEIVED									
CHECK FREQUENCY OF EXPOSURE THAT BEST FITS YOUR EXPERIENCE					DAILY	WEEKLY	MONTHLY	YEARLY	IN WHAT YEAR(S) WERE YOU EXPOSED?

PARTICIPANT LABEL

CASE NUMBER

GROUP NUMBER



EXAMINER I.D.

FORM AFHS-3A PHYSICAL EXAMINATION (PART 1)

YEAR
FOLLOW UP

GENERAL PHYSICAL APPEARANCE

APPEARANCE

- ☐ WELL NOURISHED
☐ OBESE
☐ UNDER NOURISHED

APPEARANCE VS
STATED AGE

- ☐ SAME AS
☐ OLDER THAN
☐ YOUNGER THAN

APPEARANCE OF
ILLNESS OR DISTRESS

- ☐ NO
☐ YES

HAIR
DISTRIBUTION

- ☐ NORMAL
☐ ABNORMAL

☒ (N) COMMENTS?

NOTE: FILL IN VITAL SIGNS WITH MAXIMUM VALUES IF REFUSED.

VITAL SIGNS

HEIGHT CM	WEIGHT (UNDRESSED) KG	TEMPERATURE ORAL °F	SITTING BLOOD PRESSURE NONDOMINANT ARM, HEART LEVEL		PULSE RATE	PES PER MINUTE	PULSE IS: <input type="radio"/> REGULAR <input type="radio"/> IRREGULAR <input type="radio"/> IRREGULARLY IRREGULAR
			SYSTOLIC	DIASTOLIC			
00	0000	000	000	000	000	00	<input checked="" type="radio"/> (N) COMMENTS?
111	11111	011	111	111	111	11	
222	22222	22	222	22	222	2	
333	33333	33	33	33	333	3	
44	4444	44	44	44	44	4	
55	5555	55	55	55	55	5	
66	6666	66	66	66	66	6	
77	7777	77	77	77	77	7	
88	8888	88	88	88	88	8	
99	9999	99	99	99	99	9	

EYES

SUMMARY

- ☐ NORMAL
☐ ABNORMAL
☐ REFUSED
☐ LEFT EYE
ABSENT
☐ RIGHT EYE
ABSENT

FUNDOSCOPIC EXAM

- | | | | | | |
|--|---------------------------------|------------------|----------------------------------|---------------------------------|-------------|
| YES
<input type="radio"/> (Y) | NO
<input type="radio"/> (N) | ↑ LIGHT REFLEX | YES
<input type="radio"/> (Y) | NO
<input type="radio"/> (N) | HEMORRHAGES |
| <input type="radio"/> (Y) | <input type="radio"/> (N) | A-V NICKING | <input type="radio"/> (Y) | <input type="radio"/> (N) | EXUDATES |
| <input type="radio"/> (Y) | <input type="radio"/> (N) | ARTERIOLAR SPASM | <input type="radio"/> (Y) | <input type="radio"/> (N) | DISK PALLOR |
| <input type="radio"/> (Y) | <input type="radio"/> (N) | PAPILLEDEMA | <input type="radio"/> (Y) | <input type="radio"/> (N) | ↑ CUPPING |
| <input type="radio"/> (B) <input type="radio"/> (L) <input type="radio"/> (R) FUNDI WERE VISUALIZED
(B = BOTH, L = LEFT ONLY, R = RIGHT ONLY) | | | | | |

EXTERNAL OBSERVATION

- | | | |
|----------------------------------|---------------------------------|---------------------------------|
| YES
<input type="radio"/> (Y) | NO
<input type="radio"/> (N) | ARCUS SENILIS PRESENT |
| <input type="radio"/> (Y) | <input type="radio"/> (N) | ABNORMAL OCULAR
PIGMENTATION |

☒ (N) COMMENTS?

CODES
 (N) = NO OR NONE
 (Y) = YES
 (R) = REFUSED
 (X) = COULD NOT EXAMINE
 (L) = LEFT
 (R) = RIGHT

PHYSICAL EXAMINATION (FORM 3 PART 1 SIDE 2)

ENT/NECK

ENT: ARE <input type="radio"/> NORMAL <input type="radio"/> ABNORMAL <input type="radio"/> REFUSED		TYMPANIC MEMBRANE NOT INTACT? EAR IRRIGATED TO REMOVE WAX? NASAL MUCOSA ULCERATED?	LEFT (N) (Y) (X) (N) (Y) (N) (Y) (X)	RIGHT (N) (Y) (X) (N) (Y) (N) (Y) (X)
NECK AREA IS <input type="radio"/> NORMAL <input type="radio"/> ABNORMAL <input type="radio"/> REFUSED		PAROTID GLAND ENLARGED? CAROTID BRUIT PRESENT? CAROTID PULSE IS: (N = NORMAL D = DIMINISHED A = ABSENT)	(N) (Y) (N) (Y) (N) (D) (A)	(N) (Y) (N) (Y) (N) (D) (A)
THYROID GLAND	PALPABLE (N) (Y)	ENLARGED (N) (Y)	NODULES (N) (Y)	TENDER (N) (Y)
OTHER (N) (Y)				
(Y) (N) COMMENTS?				

THORAX AND LUNGS

CIRCUMFERENCE (CM)

<input type="radio"/> NORMAL <input type="radio"/> ABNORMAL <input type="radio"/> REFUSED	(Y) (N) ASYMMETRICAL EXPANSION (Y) (N) HYPERRESONANCE (Y) (N) DULLNESS (Y) (N) WHEEZES (Y) (N) RALES (Y) (N) SUSPECTED COPD	WAIST <table border="1"> <tr><td></td><td></td><td></td></tr> <tr><td>0</td><td>0</td><td></td></tr> <tr><td>1</td><td>1</td><td></td></tr> <tr><td>2</td><td>2</td><td></td></tr> <tr><td>0</td><td>3</td><td>3</td></tr> <tr><td>1</td><td>4</td><td>4</td></tr> <tr><td>2</td><td>5</td><td>5</td></tr> <tr><td>3</td><td>6</td><td>6</td></tr> <tr><td>7</td><td>7</td><td></td></tr> <tr><td>8</td><td>8</td><td></td></tr> <tr><td>9</td><td>9</td><td></td></tr> </table>				0	0		1	1		2	2		0	3	3	1	4	4	2	5	5	3	6	6	7	7		8	8		9	9		CHEST AT NIPPLE LEVEL <table border="1"> <tr> <th>EXPIRATION</th> <th>INSPIRATION</th> </tr> <tr><td></td><td></td></tr> <tr><td>0</td><td>0</td></tr> <tr><td>1</td><td>1</td></tr> <tr><td>2</td><td>2</td></tr> <tr><td>3</td><td>3</td></tr> <tr><td>4</td><td>4</td></tr> <tr><td>5</td><td>5</td></tr> <tr><td>6</td><td>6</td></tr> <tr><td>7</td><td>7</td></tr> <tr><td>0</td><td>8</td></tr> <tr><td>1</td><td>9</td></tr> </table>	EXPIRATION	INSPIRATION			0	0	1	1	2	2	3	3	4	4	5	5	6	6	7	7	0	8	1	9
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0	8																																																											
1	9																																																											
(Y) (N) COMMENTS?																																																												

HEART

HEART EXAM IS: <input type="radio"/> NORMAL <input type="radio"/> ABNORMAL <input type="radio"/> REFUSED		ABNORMAL HEART SOUNDS? DISPLACED APICAL IMPULSE? PRECORDIAL THRUST?	(N) (Y) (N) (Y) (N) (Y) (N) (Y)
MURMUR? <input type="radio"/> NO <input type="radio"/> YES. PROBABLY FUNCTIONAL <input type="radio"/> YES. SUSPECT ORGANIC <input type="radio"/> YES. ORGANIC	INDICATE CHEST AREA(S) TO WHICH MURMUR WAS PROJECTED MOST INTENSELY. (MARK Ns IF NO MURMUR)	AORTIC PULMONIC APEX LLSB	SYSTOLIC DIASTOLIC (N) (Y) (N) (Y) (N) (Y) (N) (Y)
(Y) (N) HEART COMMENTS?		FORM QA AUDIT DONE BY: ID NUMBER: 1 2 3 4 5 6 INITIALS DATE	

PARTICIPANT LABEL	CASE NUMBER	GROUP NUMBER
	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9
	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9
	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9
	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9
	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9
	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9
	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9

FORM AFHS 3B PHYSICAL EXAMINATION (PART 2)

YEAR
FOLLOW UP

ABDOMEN

Y N ABDOMEN ABNORMALITY COMMENTS?

<input type="radio"/> NORMAL <input type="radio"/> ABNORMAL <input type="radio"/> REFUSED	YES NO Y N Y N Y N Y N Y N	HEPATOMEGALY LIVER TENDERNESS SPLENOMEGALY SPLEEN TENDERNESS OTHER MASS?	LIVER SPAN 0 1 2 3 CM 0 1 2 3 4 5 6 7 8 9	Y N MASS SIZE, UNITS, LOCATION, TYPE, COMMENT?
---	---	--	---	--

EXTREMITIES

UPPER LIMBS	AMPUTATION(S) N L R	PITTING EDEMA N L R	NON-PITTING EDEMA N L R	CLUBBED NAILS N L R	VARICOSITIES N L R	TOE HAIR LOSS N L R
(N = NONE OR NORMAL FOR BOTH LIMBS, L = LEFT LIMB ONLY, R = RIGHT LIMB ONLY)						
LOWER LIMBS	N L R	N L R	N L R	N L R	N L R	N L R
EXTREMITY EXAM WAS: <input type="radio"/> NORMAL <input type="radio"/> ABNORMAL <input type="radio"/> REFUSED						

Y N DESCRIBE ABSENCES &/OR ABNORMALITIES

PERIPHERAL PULSES

N L R FEMORAL BRUIT(S) PRESENT?
(N = NONE, L = LEFT, R = RIGHT)

	RADIAL		FEMORAL		POPLITEAL		DORSALIS PEDIS		POSTERIOR TIBIAL	
	LEFT	RIGHT	LEFT	RIGHT	LEFT	RIGHT	LEFT	RIGHT	LEFT	RIGHT
NORMAL	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
DIMINISHED	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
ABSENT	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
COULD NOT EXAMINE	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>

Y N PULSE COMMENTS?

MUSCULATURE

<input type="radio"/> NORMAL <input type="radio"/> ABNORMAL <input type="radio"/> REFUSED	STRAIGHT LEG RAISE ABNORMAL? ANY WEAKNESS NOTED? ANY TENDERNESS NOTED? ANY ATROPHY NOTED? ABNORMAL CONSISTENCY? OTHER ABNORMALITY?	NO YES CNE <input type="radio"/> <input type="radio"/> <input checked="" type="radio"/> <input type="radio"/> <input type="radio"/> <input checked="" type="radio"/> <input type="radio"/> <input type="radio"/> <input checked="" type="radio"/> <input type="radio"/> <input type="radio"/> <input checked="" type="radio"/> <input type="radio"/> <input type="radio"/> <input checked="" type="radio"/> <input type="radio"/> <input type="radio"/> <input checked="" type="radio"/>	Y N COMMENTS?
---	---	--	---------------

SPINE

<input type="radio"/> NORMAL <input type="radio"/> ABNORMAL <input type="radio"/> REFUSED	ANY SCLIOSIS NOTED? ANY KYPHOSIS NOTED? PELVIC TILT NOTED? ↓ RANGE OF MOTION?	NO YES CNE <input type="radio"/> <input type="radio"/> <input checked="" type="radio"/> <input type="radio"/> <input type="radio"/> <input checked="" type="radio"/> <input type="radio"/> <input type="radio"/> <input checked="" type="radio"/> <input type="radio"/> <input type="radio"/> <input checked="" type="radio"/>	SPINAL TENDERNESS <input type="radio"/> NONE NOTED <input type="radio"/> CERVICAL AREA <input type="radio"/> THORACIC AREA <input type="radio"/> LUMBAR AREA <input type="radio"/> SACRAL AREA
---	--	--	---

PHYSICAL EXAMINATION PART 1 & 2 SUMMARY

SUMMARY OF FINDINGS ENTIRE EXAM WAS:

SUMMARIZE FINDINGS
IN THE SPACES BELOW

- ☐ ALL NORMAL
☐ NORMAL WITH NOTED VARIATIONS
☐ ABNORMAL AS SUMMARIZED
☐ REFUSED ENTIRE EXAM
☒ COMMENTS?

SUMMARY OF FOLLOW-UP INDICATED OR RECOMMENDED :

- ☒ ☐ ANY OTHER TESTS INDICATED?
☒ ☐ ANY OTHER TESTS ORDERED?
☒ ☐ OTHER TESTS DESCRIBED?

GENITOURINARY EXAM

(PE PART 2 CONTINUED)

GENITOURINARY EXAM

- ☐ NORMAL
☐ ABNORMAL
☐ REFUSED

TESTES

	NORMAL	ENLARGED	NODULE	ATROPHIC	ABSENT	OTHER
LEFT	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
RIGHT	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

☒ ☐ COMMENTS?

YES NO REFUSED

- ☒ ☐ ☐ RIGHT INGUINAL HERNIA?
☒ ☐ ☐ LEFT INGUINAL HERNIA?
☒ ☐ ☐ SCROTAL MASS PRESENT?

YES NO REFUSED

- ☒ ☐ ☐ VARICOCELE
☒ ☐ ☐ EPIDIDYMAL ABNORMALITY
☒ ☐ ☐ SCROTAL MASS SIZE
 (DIAMETER IN CM)

RECTAL EXAM

RECTAL EXAM

- ☐ NORMAL
☐ ABNORMAL
☐ REFUSED

HEMORRHOIDS

EXTERNAL
 INTERNAL

NONE APPARENT

REFUSED

BLEEDING

THROMBOSED

OTHER

YES NO REFUSED

- ☐ ☐ ☐ PROSTATIC ENLARGEMENT?
☐ ☐ ☐ RECTAL MASS(ES)?

☒ ☐ RECTAL COMMENTS?

LYMPH NODES

☐ NORMAL

☐ ABNORMAL

☐ REFUSED

CERVICAL
 OCCIPITAL
 SUPRACLAVICULAR
 AXILLARY
 EPITROCHLEAR
 INGUINAL
 FEMORAL

	NORMAL	ENLARGED	TENDER	HARD	FIXED	CONFLUENT	OTHER
CERVICAL	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
OCCIPITAL	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
SUPRACLAVICULAR	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
AXILLARY	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
EPITROCHLEAR	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
INGUINAL	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
FEMORAL	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>


FORM QA AUDIT BY:

① ② ③ ④ ⑤ ⑥ INITIALS:

DATE:

PRINTED NAME OF EXAMINING PHYSICIAN

INITIALS / DATE

PARTICIPANT LABEL	CASE NUMBER	GROUP NUMBER	
	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9	
	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9	
	0 1 2 3 4 5 6 7 8 9	EXAMINER I.D.	
	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9	
	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9	

FORM AFHS-4 DERMATOLOGIC EXAMINATION AND BIOPSY

YEAR
FOLLOW UP

FOR POSITIVE FINDINGS NOTE TYPE AND LOCATION ON ANATOMIC CHART
AND DARKEN THE APPROPRIATE CIRCLE BELOW

SKIN

EXAM WAS: NORMAL ABNORMAL REFUSED ANATOMICAL CHART USED? ☐ Y ☐ N

YES	NO	TYPE		YES	NO	TYPE	
		1	COMEDONES			12	PALMAR KERATOSES
		2	ACNEIFORM LESIONS			13	ACTINIC KERATOSES
		3	ACNEIFORM SCARS			14	PETECHIAE
		4	DEPIGMENTATION			15	ECCHYMOSES
		5	INCLUSION CYSTS			16	CONJUNCTIVAL ABNORMALITY
		6	CUTIS RHOMBOIDALIS			17	ORAL MUCOSAL ABNORMALITY
		7	HYPERPIGMENTATION			18	FINGER NAIL ABNORMALITY
		8	JAUNDICE			19	TOE NAIL ABNORMALITY
		9	SPIDER ANGIOMATA			20	DERMATOGRAPHIA
		10	PALMAR ERYTHEMA			21	SUSPECTED BASAL CELL CARCINOMA
		11	SUSPECTED MELANOMA			22	SUSPECTED SQUAMOUS CELL CARCINOMA
						23	OTHER ABNORMALITY(IES)

SKIN BIOPSY

BIOPSY NOT INDICATED BIOPSY REFUSED YES CONSENT FORM OBTAINED
BIOPSY INDICATED BIOPSY PERFORMED * SAMPLES 0 1 2 3 4 5 6 7 8 9

SAMPLE # TYPE AND LOCATION CODE(S)	Y N COMMENT(S)/SUSPECTED DIAGNOSIS
------------------------------------	------------------------------------

PHYSICAL FEATURES

Y N X WEARING COLORED OR TINTED CONTACTS?

EYE COLOR

LEFT RIGHT

BROWN
HAZEL
GREEN
GREY
BLUE
ABSENT

HAIR COLOR

SOLID COLOR → GREYS

BLACKS 1 34 44 51
BROWNS 5 11 36 38 39 48 54
BLONDS 14 103 101
REDS 33 29
BALD 0 X NOT NEEDED

SKIN COLOR

NN

X 1 2 3 4 5 6 7 8 9 10 11 12

Y N COMMENTS?

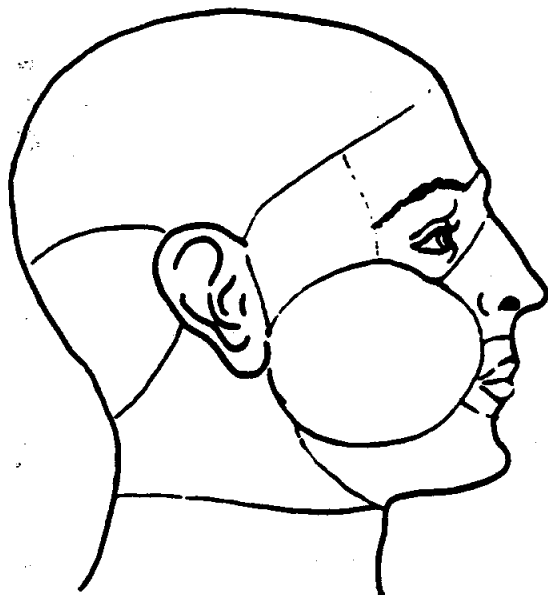
Y N IS HAIR DYED OR ALTERED?

PRINTED NAME OF EXAMINING PHYSICIAN	INITIALS / DATE	FORM QA AUDIT DONE BY:
		ID. NUMBER INITIALS DATE 1 2 3 4 5 6 7 8 9

CASE NUMBER		LAST		FIRST		MI
		NAME OF PARTICIPANT				
	C					
ATTACHMENT TO FORM						
AFHS-4		FORM AFHS-9 ANATOMICAL CHART				

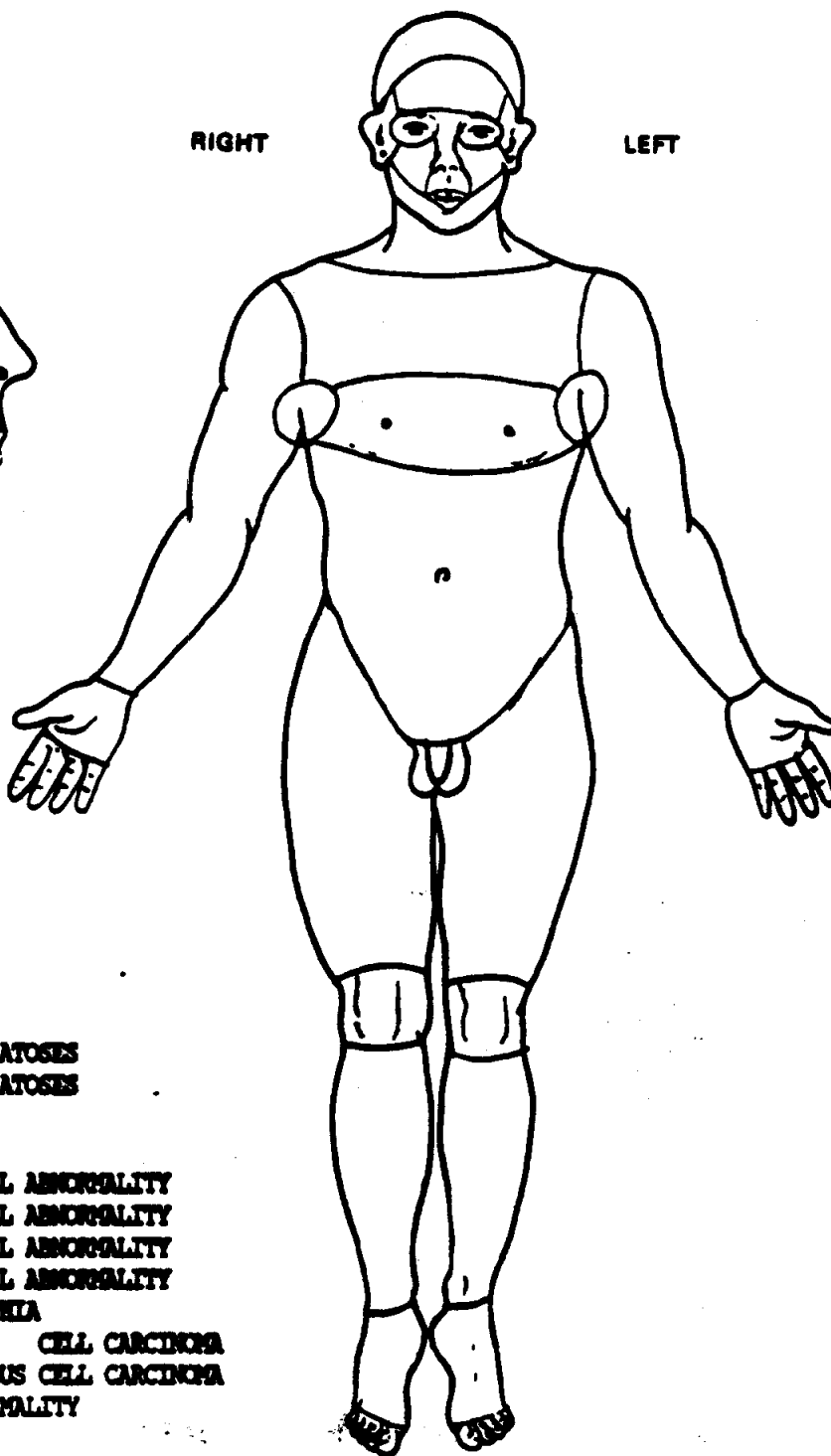


RIGHT



RIGHT

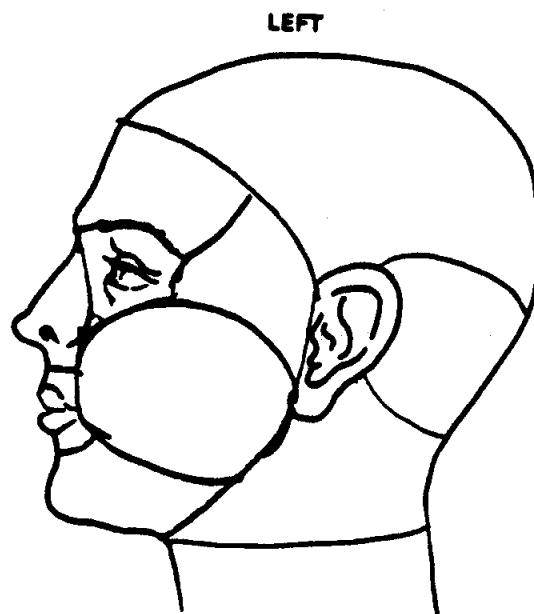
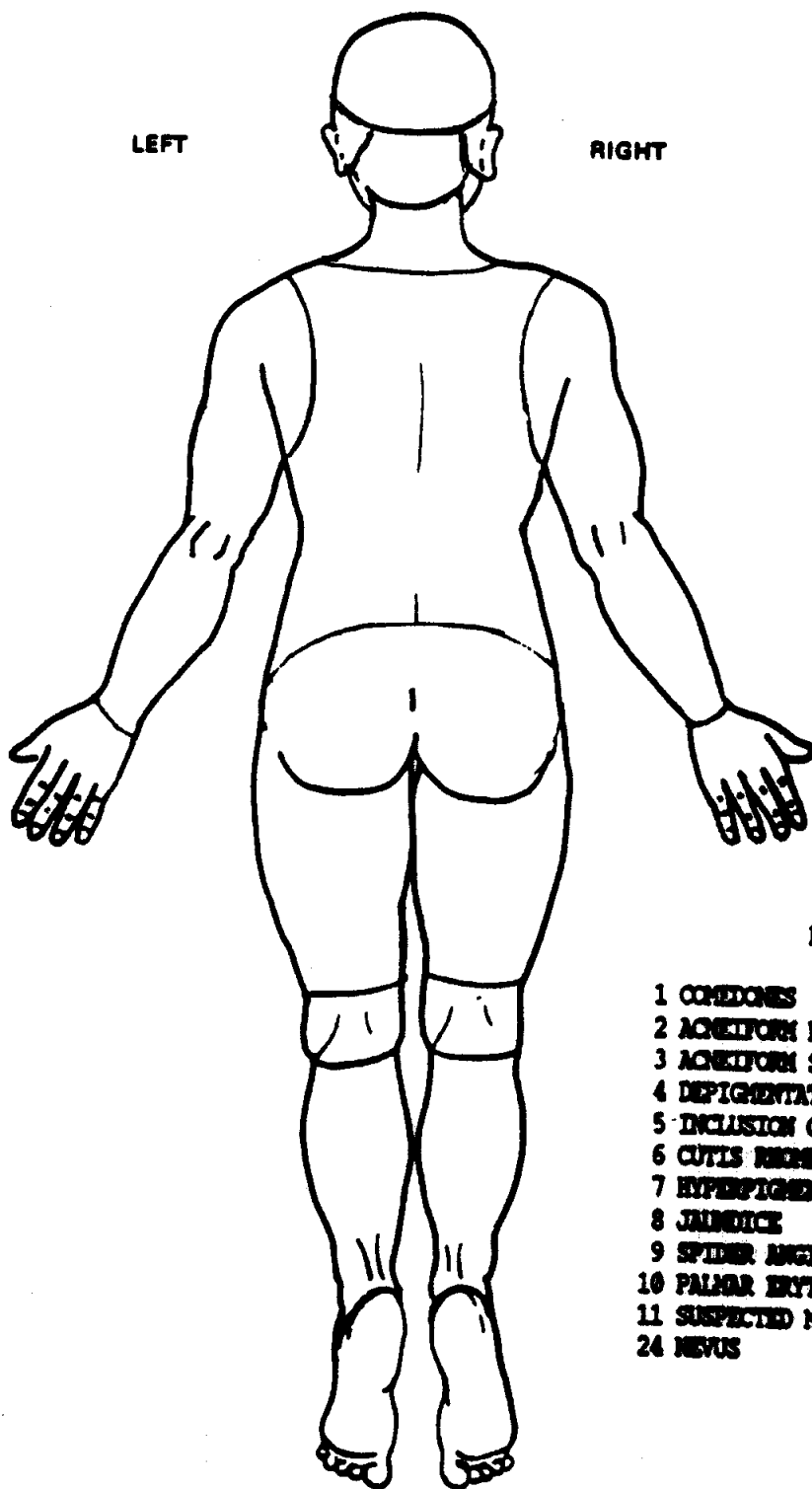
LEFT



LESION TYPE LEGEND

- | | |
|-----------------------|---------------------------------|
| 1 COMEDONES | 12 PALMAR KERATOSES |
| 2 ACNEIFORM LESIONS | 13 ACTINIC KERATOSES |
| 3 ACNEIFORM SCARS | 14 PETECHIAE |
| 4 DEPIGMENTATION | 15 ECCHYMOSES |
| 5 INCLUSION CYSTS | 16 CONJUNCTIVAL ABNORMALITY |
| 6 CUTIS MEBROIDALIS | 17 ORAL MUCOSAL ABNORMALITY |
| 7 HYPERPIGMENTATION | 18 FINGER NAIL ABNORMALITY |
| 8 JAUNDICE | 19 TOE NAIL ABNORMALITY |
| 9 SPIDER ANGIOMATA | 20 DERMATOGRAPHIA |
| 10 PALMAR ERYTHEMA | 21 SUS. BASAL CELL CARCINOMA |
| 11 SUSPECTED MELANOMA | 22 SUS. SQUAMOUS CELL CARCINOMA |
| 24 NEVUS | 23 OTHER ABNORMALITY |

(OVER)



LESION TYPE LEGEND

- | | |
|-----------------------|---------------------------------|
| 1 COMEDONES | 12 PALMAR KERATOSES |
| 2 ACNEIFORM LESIONS | 13 ACTINIC KERATOSES |
| 3 ACNEIFORM SCARS | 14 PETECHIAE |
| 4 DEPIGMENTATION | 15 ECCHYMOSES |
| 5 INCLUSION CYSTS | 16 CONJUNCTIVAL ABNORMALITY |
| 6 CUTIS MEBEMOIDALIS | 17 ORAL MUCOSAL ABNORMALITY |
| 7 HYPERPIGMENTATION | 18 FINGER NAIL ABNORMALITY |
| 8 JAUNDICE | 19 TOE NAIL ABNORMALITY |
| 9 SPIDER ANGIOOMA | 20 DERMATOGRAPHIA |
| 10 PALMAR ERYTHEMA | 21 SUS. BASAL CELL CARCINOMA |
| 11 SUSPECTED MELANOMA | 22 SUS. SQUAMOUS CELL CARCINOMA |
| 24 NEVUS | 23 OTHER ABNORMALITY |

PRINTED NAME OF EXAMINING PHYSICIAN

SIGNATURE

DATE

PAGE NUMBER										PAGE NUMBER									
0 1 2 3 4 5 6 7 8 9										0 1 2 3 4 5 6 7 8 9									
0 1 2 3 4 5 6 7 8 9										0 1 2 3 4 5 6 7 8 9									
0 1 2 3 4 5 6 7 8 9										0 1 2 3 4 5 6 7 8 9									
0 1 2 3 4 5 6 7 8 9										0 1 2 3 4 5 6 7 8 9									
0 1 2 3 4 5 6 7 8 9										0 1 2 3 4 5 6 7 8 9									
0 1 2 3 4 5 6 7 8 9										0 1 2 3 4 5 6 7 8 9									
0 1 2 3 4 5 6 7 8 9										0 1 2 3 4 5 6 7 8 9									



EXAMINER I.D.

DRM AFHS-5 NEUROLOGIC EXAMINATION

YEAR 5
FOLLOW UP

HEAD AND NECK

INSPECTION AND PALPATION

<input type="radio"/> NORMAL <input type="radio"/> ABNORMAL	YES	NO	
	<input checked="" type="radio"/>	<input checked="" type="radio"/>	ASYMMETRY
	<input checked="" type="radio"/>	<input checked="" type="radio"/>	DEPRESSION
	<input checked="" type="radio"/>	<input checked="" type="radio"/>	SCAR
	<input checked="" type="radio"/>	<input checked="" type="radio"/>	OTHER _____

NECK RANGE OF MOTION

	NORMAL	DECREASED	CNE
LEFT	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
RIGHT	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
FORWARD	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
BACKWARD	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

☒ COMMENTS?

MOTOR SYSTEMS

GAIT

<input type="radio"/> NORMAL <input type="radio"/> ABNORMAL <input type="radio"/> COULD NOT EXAMINE	<input checked="" type="radio"/>	<input checked="" type="radio"/>	BROAD BASED
	<input checked="" type="radio"/>	<input checked="" type="radio"/>	SMALL STEPPED
	<input checked="" type="radio"/>	<input checked="" type="radio"/>	ATAXIC
	<input checked="" type="radio"/>	<input checked="" type="radio"/>	OTHER _____

ARM SWING MOVEMENT

	NORMAL	ABNORMAL	CNE
LEFT	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
RIGHT	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

HANDEDNESS

<input type="radio"/> LEFT
<input type="radio"/> RIGHT
<input type="radio"/> BOTH

☒ COMMENTS?

MUSCLE STATUS

☐ NORMAL ☐ BULK ☐ ABNORMAL

TONE

UPPER EXTREMITIES
LOWER EXTREMITIES

NORMAL	CNE
<input type="radio"/>	<input checked="" type="radio"/>
<input type="radio"/>	<input checked="" type="radio"/>

DECREASED

LEFT	RIGHT	BOTH
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

INCREASED

LEFT	RIGHT	BOTH
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

STRENGTH

DISTAL WRIST EXTENSORS
ANKLE/TOE FLEXORS
PROXIMAL DELTOIDS
HIP FLEXORS

<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

ABNORMAL MOVEMENTS

<input checked="" type="radio"/>	<input checked="" type="radio"/>	TICS/CHOREAS/FASCICULATIONS	1 2 3 4
<input checked="" type="radio"/>	<input checked="" type="radio"/>	TENDERNESS	1 2 3 4

☒ COMMENTS?

TREMOR(S)

NO TREMOR
RESTING
ESSENTIAL
INTENTION
OTHER

EXTREMITY

UPPER		LOWER	
LEFT	RIGHT	LEFT	RIGHT
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

SPEECH

NORMAL

DYSARTHIA

APHASIA

AGNOSIA

OTHER ABNORMALITY

☒ COMMENTS?

COORDINATION

- EQUILIBRATORY (ROMBERG)
- FINGER-NOSE-FINGER
- HEEL-KNEE-SHIN
- HAND PRONATION/SUPINATION
- RAPID PATTING

NORMAL	LEFT	RIGHT	BOTH	CNE
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

DEEP TENDON REFLEXES

(0 = ABSENT, 1 = SLUGGISH, 2 = ACTIVE, 3 = VERY ACTIVE, 4 = TRANSIENT CLONUS, 5 = SUSTAINED CLONUS, X = CNE)

	LEFT	CNE	RIGHT	CNE
BICEPS	0 1 2 3 4 5 X	<input checked="" type="radio"/>	0 1 2 3 4 5 X	<input checked="" type="radio"/>
TRICEPS	0 1 2 3 4 5 X	<input checked="" type="radio"/>	0 1 2 3 4 5 X	<input checked="" type="radio"/>
PATELLAR	0 1 2 3 4 5 X	<input checked="" type="radio"/>	0 1 2 3 4 5 X	<input checked="" type="radio"/>
ACHILLES	0 1 2 3 4 5 X	<input checked="" type="radio"/>	0 1 2 3 4 5 X	<input checked="" type="radio"/>
BABINSKI	<input type="radio"/> PRESENT	<input type="radio"/> ABSENT	<input type="radio"/> PRESENT	<input type="radio"/> ABSENT

CRANIAL NERVES AND MENTAL STATUS

CODES:

(X) = COULD NOT EXAMINE.

(N) = NO; NOT NORMAL.

(Y) = YES, NORMAL

(R) = DEVIATED TO RIGHT SIDE.

(L) = DEVIATED TO LEFT SIDE

MENINGEAL IRRITATION AND SENSORY SYSTEM

-ABNORMAL-

	NORMAL	LEFT	RIGHT	BOTH	CNE
STRAIGHT LEG RAISING	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
LIGHT TOUCH	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
PIN PRICK	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
VIBRATION AT ANKLE (128 HZ)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
POSITION (GREAT TOE)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

(Y) (N) DESCRIPTION OF ABNORMALITIES

LEFT RIGHT

(X) (N) (Y)	(X) (N) (Y)
(X) (N) (Y)	(X) (N) (Y)
(X) (N) (Y)	(X) (N) (Y)

SENSE OF SMELL PRESENT?

SMILE NORMAL?

PALPEBRAL FISSURE NORMAL?

CRANIAL NERVES (I & VII)

(Y) (N) COMMENTS (CI & VII)

LEFT RIGHT

(X) (N) (Y)	(X) (N) (Y)
(X) (N) (Y)	(X) (N) (Y)
(X) (N) (Y)	(X) (N) (Y)
(X) (N) (Y)	(X) (N) (Y)
(X) (N) (Y)	(X) (N) (Y)

FUNDOSCOPIC EXAM NORMAL?

ABSENCE OF DISK PALLOR/ATROPHY?

ABSENCE OF EXUDATE?

ABSENCE OF PAPILLEDEMA?

ABSENCE OF HEMORRHAGE?

CRANIAL NERVE (II)

(Y) (N) COMMENTS (CII)

LEFT RIGHT

(X) (N) (Y)	(X) (N) (Y)
(X) (N) (Y)	(X) (N) (Y)
(X) (N) (Y)	(X) (N) (Y)
(X) (N) (Y)	(X) (N) (Y)
(X) (N) (Y)	(X) (N) (Y)
(X) (N) (Y)	(X) (N) (Y)
(X) (N) (Y)	(X) (N) (Y)
(X) (N) (Y)	(X) (N) (Y)
(X) (N) (Y)	(X) (N) (Y)
(X) (N) (Y)	(X) (N) (Y)

VISUAL FIELDS NORMAL TO CONFRONTATION?

PUPILS EQUAL SIZE? DIFFERENCE

0 1 2 3 4 mm

PUPIL SHAPE/POSITION ROUND & NORMAL?

LIGHT REACTION NORMAL?

EYE MOVEMENT NORMAL?

NO HORIZONTAL NYSTAGMUS

NO VERTICAL NYSTAGMUS

NO ROTARY NYSTAGMUS

EYEBALL POSITION NORMAL?

PTOSIS ABSENT?

CORNEAL REFLEX NORMAL?

DRAW ABNORMAL POSITION(S)

(O) = CONTACT LENSES
NOT REMOVED

R = DEVIATED TO RIGHT SIDE

L = DEVIATED TO LEFT SIDE

Y = YES NORMAL, NOT DEVIATED

(Y) (N) COMMENTS (CIII, IV, VI)

LEFT RIGHT

(X) (N) (Y)	(X) (N) (Y)
(X) (N) (Y)	(X) (N) (Y)
(X) (N) (Y)	(X) (N) (Y)
(X) (N) (Y)	(X) (N) (Y)
(X) (N) (Y)	(X) (N) (Y)
(X) (N) (Y)	(X) (N) (Y)
(X) (N) (Y)	(X) (N) (Y)
(X) (N) (Y)	(X) (N) (Y)
(X) (N) (Y)	(X) (N) (Y)
(X) (N) (Y)	(X) (N) (Y)

TRIGEMINAL V1 SENSORY NORMAL?

TRIGEMINAL V2 SENSORY NORMAL?

TRIGEMINAL V3 SENSORY NORMAL?

CLENCH JAW SYMMETRIC (NOT DEVIATED)?

PALATE & UVULA MOVEMENT DEVIATED?

PALATE REFLEX NORMAL?

TONGUE PROTRUDES TO MIDDLE, NOT DEVIATED?

TONGUE NORMAL, NOT ATROPHIED?

(Y) (N) COMMENTS (CV, IX, XI, XII)

(Y) (N) MENTAL STATUS GROSSLY ORIENTED & NORMAL?

(Y) (N) COMMENT?

FORM QA AUDIT DONE BY:

1 2 3 4 5 6 INITIALS


IMPRESSION OF ENTIRE NEUROLOGIC EXAM

- ☐ COMPLETELY NORMAL EXAM
- ☐ NORMAL WITH MINOR VARIATIONS NOTED
- ☐ ABNORMAL WITH NO FOLLOW-UP NEEDED
- ☐ ABNORMAL WITH FOLLOW-UP RECOMMENDED

DATE: INITIALS:

PRINTED NAME OF EXAMINING PHYSICIAN

(Y) (N) COMMENTS ON FORM 7?

CASE NUMBER						NAME OF PARTICIPANT			
					C	LAST	FIRST	MI	
CONTINUATION OF FORM AFHS-5						FORM AFHS-7			CONTINUATION

USE THIS FORM TO RECORD COMMENTS, OBSERVATIONS, OR PHYSICAL FINDINGS FOR WHICH THERE IS INADEQUATE SPACE ON THE OPTICAL MARK SENSE FORMS. PLEASE INDICATE THE ORGAN SYSTEM, IF APPROPRIATE, IN EACH COMMENT BLOCK.

ORGAN SYSTEM:
COMMENTS:

ORGAN SYSTEM:
COMMENTS:

ORGAN SYSTEM:
COMMENTS:

ORGAN SYSTEM:
COMMENTS:

PRINTED NAME OF EXAMINING PHYSICIAN
--

SIGNATURE	DATE
------------------	-------------



1	2	3	4	5	6	7	8	9	0	MO	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
1	2	3	4	5	6	7	8	9	0	TODAY'S DATE	DAY	31	28	31	30	31	30	31	30	31	30	31
1	2	3	4	5	6	7	8	9	0	DATE	YR	35	36	37	38	39	40	41	42	43	44	45

FORM AFHS-6 VIETNAM COMBAT INDEX

INSTRUCTIONS

INSTRUCTIONS ARE INCLUDED WITH EACH QUESTION. BELOW IS AN EXAMPLE OF THE CORRECT WAY TO ANSWER EACH QUESTION.

EXAMPLE: DO YOU PLAN TO DO ANY OF THE FOLLOWING NEXT WEEK? (PLEASE BLACKEN EITHER "YES" OR "NO")

YES NO

☒ VISIT A RELATIVE

☐ GO TO A MUSEUM

☒ GO TO A MOVIE

II WILL VISIT A RELATIVE
AND GO TO A MOVIE NEXT
WEEK)

AIRCRAFT

PLEASE INDICATE WHETHER YOU SERVED OR FLEW IN ANY OF THE FOLLOWING AIRCRAFT WHILE IN VIETNAM: (DO NOT INCLUDE TRANSPORTATION TO OR FROM VIETNAM)

WERE YOU EVER A
CREW MEMBER?

☐ YES ☐ NO

YES NO

☐ F-4

☐ F-5

☐ F-105

☐ B-52

☐ B-66

YES NO

☐ C-7

☐ C-54

☐ C-118

☐ C-123

☐ C-130

YES NO

☐ C-130 (GUNSHIP)

☐ HELICOPTER GUNSHIP

☐ OTHER AIRCRAFT

SPECIFY

EXPERIENCES

BELOW IS A LIST OF DIFFERENT COMBAT ROLES AND FLYING EXPERIENCES THAT AIR FORCE PERSONNEL HAD DURING THE VIETNAM WAR. FOR EACH STATEMENT, PLEASE BLACKEN THE "YES" CIRCLE IF YOU HAD THAT EXPERIENCE DURING THE VIETNAM WAR OR THE "NO" CIRCLE IF YOU DID NOT. PLEASE BLACKEN EITHER "YES" OR "NO" FOR EACH EXPERIENCE.

YES NO

☐ RECEIVED COMBAT PAY

☐ CRASH LANDED, BAILED OUT, OR SHOT DOWN

☐ RECEIVED SNIPER OR SAPPER FIRE IN OR
AROUND BASE

☐ MOVED KILLED OR WOUNDED PERSONNEL

☐ SERVED AS A FORWARD AIR CONTROLLER (FAC)

☐ FLEW IN THE SAME AIRCRAFT WHEN FELLOW
CREWMEMBER WAS WOUNDED OR KILLED

☐ FLEW IN THE SAME FORMATION OR ON
THE SAME SORTIE WHEN A FELLOW
CREWMEMBER WAS WOUNDED OR KILLED

YES NO

☐ FLEW IN AN AIRCRAFT THAT RECEIVED
BATTLE DAMAGE

☐ RECEIVED INCOMING ARTILLERY OR ROCKET
FIRE AT HOME BASE OR CAMP

☐ ENCOUNTERED MINES OR BOOBY TRAPS


☐ KILLED VC OR NVA IN STRAFING OR
BOMBING RUNS


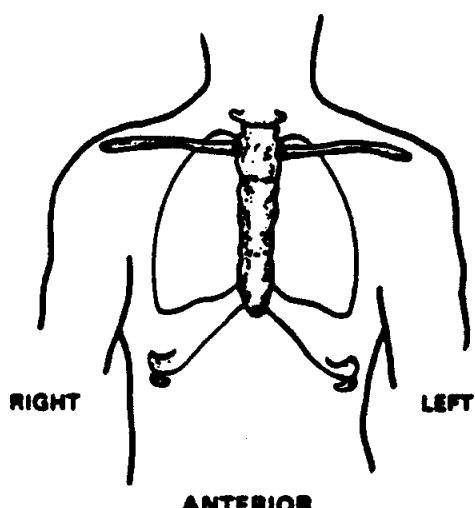
☐ WOUNDED

☐ HAD A CLOSE FRIEND KILLED IN ACTION

☐ ENGAGED VC OR NVA IN A FIREFIGHT

☐ CAPTURED BY THE ENEMY

DATE OF ECG	MO	DAY	YR	PARTICIPANT IDENTIFICATION			
ECG TECHNICIAN (INITIALS)				FORM AFHS - 10 ELECTROCARDIOGRAM REPORT			
ECG EXAM WAS / IS: <input type="checkbox"/> NORMAL <input type="checkbox"/> ABNORMAL <input type="checkbox"/> REFUSED FOLLOW-UP RECOMMENDED? <input type="checkbox"/> NO <input type="checkbox"/> YES PARTICIPANT COMPLY WITH 4-HOUR ABSTINENCE? <input type="checkbox"/> YES <input type="checkbox"/> NO COMMENT(S):							
12 LEAD SCALAR ELECTROCARDIOGRAM RESULTS							
YES	NO	RBBB LBBB NON-SPECIFIC ST-T-WAVE CHANGES TACHYCARDIA (Rate > 100/min) Rate: _____ BRADYCARDIA (Rate < 50/min) Rate: _____ WOLFE-PARKINSON WHITE OTHER:			YES	ARRHYTHMIA? IF YES, NOTE TYPE <input type="checkbox"/> ATRIAL FLUTTER <input type="checkbox"/> ATRIAL FIBRILLATION <input type="checkbox"/> JUNCTIONAL RHYTHM <input type="checkbox"/> MULTIFOCAL ATRIAL RHYTHM <input type="checkbox"/> MULTIFOCAL <input type="checkbox"/> PVCs <input type="checkbox"/> PACs <input type="checkbox"/> UNIFOCAL <input type="checkbox"/> PVCs <input type="checkbox"/> PACs	
OTHER OBSERVATIONS / VARIATIONS / OR ANOMALIES							
OBSERVATION(S):		LEFT	RIGHT	MULTIFOCAL	UNIFOCAL	ATRIAL	VENTRICULAR
<input type="checkbox"/> AXIS DEVIATION		<input type="checkbox"/>	<input type="checkbox"/>				
<input type="checkbox"/> ATRIAL ENLARGEMENT		<input type="checkbox"/>	<input type="checkbox"/>				
<input type="checkbox"/> VENTRICULAR HYPERTROPHY		<input type="checkbox"/>	<input type="checkbox"/>				
<input type="checkbox"/> VENTRICULAR ANEURYSM		<input type="checkbox"/>	<input type="checkbox"/>				
<input type="checkbox"/> OTHER:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> AV-BLOCK		<input type="checkbox"/> 1ST DEGREE		<input type="checkbox"/> 2ND DEGREE		<input type="checkbox"/> 3RD DEGREE	
<input type="checkbox"/> PRIOR INFARCTION		<input type="checkbox"/> INFERIOR		<input type="checkbox"/> ANTERIOR		<input type="checkbox"/> ANTEROSEPTAL <input type="checkbox"/> LATERAL	
COMMENTS / RECOMMENDATIONS:							
PRINTED NAME OF CARDIOLOGIST				ID#	INITIALS	DATE	FORM QA AUDIT DONE BY: ID# INITIALS DATE

DATE OF X-RAY	MO	DAY	YR	PARTICIPANT IDENTIFICATION		
X-RAY TECHNICIAN (INITIALS)						
FORM AFHS - 11				PA CHEST X-RAY EXAMINATION		
X-RAY EXAM WAS:		<input type="checkbox"/> NORMAL, NO FINDINGS		<input type="checkbox"/> NORMAL WITH FINDINGS		<input type="checkbox"/> ABNORMAL
FILM QUALITY IS:		<input type="checkbox"/> GOOD		<input type="checkbox"/> FAIR		<input type="checkbox"/> SHOULD BE REPEATED
						<input type="checkbox"/> NEED PRIOR FILM(S) <input type="checkbox"/> WAS REPEATED & IS NOW OK
NORMAL		ABNORMAL				
<input type="checkbox"/> LUNGS		<input type="checkbox"/> ↑ INTERSTITIAL MARKINGS <input type="checkbox"/> GRANULOMATOUS CHANGES <input type="checkbox"/> CALCIFIED DENSITY <input type="checkbox"/> INFILTRATE <input type="checkbox"/> LESION / NODULE / DENSITY <input type="checkbox"/> OTHER: <div style="float: right; margin-top: 10px;"> <input type="checkbox"/> ACUTE BENIGN <input type="checkbox"/> CHRONIC SUSPECT </div>				
<input type="checkbox"/> HEART		<input type="checkbox"/> ENLARGED OTHER: <input type="checkbox"/> LEFT <input type="checkbox"/> RIGHT <input type="checkbox"/> ATRIAL <input type="checkbox"/> VENTRICULAR				
<input type="checkbox"/> PLEURA		<input type="checkbox"/> THICKENED OTHER: <input type="checkbox"/> LEFT <input type="checkbox"/> RIGHT <input type="checkbox"/> APEX <input type="checkbox"/> BASE				
<input type="checkbox"/> DIAPHRAGMS		<input type="checkbox"/> ELEVATED HIATAL HERNIA <input type="checkbox"/> LEFT <input type="checkbox"/> RIGHT				
<input type="checkbox"/> ARTERIAL VASCULATURE		<input type="checkbox"/> DILATED / TORTUOUS AORTA <input type="checkbox"/> AORTIC ANEURYSM <input type="checkbox"/> ASC <input type="checkbox"/> DESC <input type="checkbox"/> ARCH				
<input type="checkbox"/> VENOUS VASCULATURE		<input type="checkbox"/> A-V MALFORMATION <input type="checkbox"/> PULMONARY VENOUS CONGESTION RIBS <input type="checkbox"/> OTHER:				
<input type="checkbox"/> BONEY STRUCTURES		<div style="display: flex; justify-content: space-between;"> <div> <input type="checkbox"/> RIBS <input type="checkbox"/> SPINE <input type="checkbox"/> DEGENERATIVE CHANGES <input type="checkbox"/> PRIOR FRACTURES <input type="checkbox"/> OTHER: </div> <div> <input type="checkbox"/> CERVICAL SCOLIOSIS <input type="checkbox"/> CERVICAL RIBS </div> <div> <input type="checkbox"/> HYPOPLASTIC KYPHOSIS <input type="checkbox"/> DORSAL CLAVICLE </div> <div> <input type="checkbox"/> FUSED 1+ 2+ 3+ 4+ LUMBAR SPINE <input type="checkbox"/> SPINE <input type="checkbox"/> STERNUM </div> </div>				
<input type="checkbox"/> POST SURGICAL CHANGES		<input type="checkbox"/> PRIOR THORACTOMY <input type="checkbox"/> PRIOR CARDIAC SURGERY <input type="checkbox"/> PACEMAKER <input type="checkbox"/> OTHER:				
		<input type="checkbox"/> YES <input type="checkbox"/> NO ANY FOLLOW-UP RECOMMENDED ? COMMENTS / RECOMMENDATIONS:				
PRINTED NAME OF RADIOLOGIST		ID#	INITIALS	DATE	FORM QA AUDIT DONE BY ID# INITIALS DATE	

PARTICIPANT IDENTIFICATION



FORM AFHS - 12

DELAYED SKIN TESTS

ANTIGEN ADMINISTRATION: Date _____ Military Time: _____ By Initials: _____ ID#: _____

ANTIGENS TESTED 48-HOUR READINGS
I = INDURATION E = ERYTHEMA (Measured as L x W in mm)

MUMPS (2:CFU) (0.05 ml)	I	X	COMMENTS:
	E	X	
STAPH-PHAGE-LYSATE (0.05 ml) (Staph = 6.0 to 9x10 ⁶ CPU) (Phage = 0.5 to 5x10 ⁷ PFU)	I	X	COMMENTS:
	E	X	
CANDIDA ALBICANS (1:1000 W/V) (0.1 ml)	I	X	COMMENTS:
	E	X	
TRICHOPHYTON (1:1000 W/V) (0.1 ml)	I	X	COMMENTS:
	E	X	

SKIN TESTS READ BY : _____ ID# _____ INITIALS _____ READ AT : _____ MILITARY TIME _____

YES NO

☐ ☐ Is Participant taking SYSTEMIC CORTICOSTEROIDS or IMMUNOSUPPRESSANTS ?

SPECIFY NON-COMPLIANCE AND/OR MEDICATION(S), DOSAGE(S) & FUNCTION(S) BELOW:

INTERPRETATION


- ☐ NORMAL DELAYED CUTANEOUS HYPERSENSITIVITY
- ☐ POSSIBLY ABNORMAL CUTANEOUS HYPERSENSITIVITY
- ☐ REFUSED EXAMINATION

☐ FOLLOW-UP EXAMS RECOMMENDED ? : COMMENTS OR RECOMMENDATIONS:

PRINTED NAME OF ALLERGIST

ID# INITIALS DATE

FORM QA AUDIT DONE BY
ID# INITIALS DATE

PARTICIPANT LABEL	CASE NUMBER	GROUP NUMBER	
	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9	
	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9	
	0 1 2 3 4 5 6 7 8 9	EXAMINER ID	
	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9	
	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9	

FORM AFHS-20 AUDIOLOGY

**YEAR 5
FOLLOW UP**

AUDIOMETER: MAICO 40 ANSI 1969 888 = NO RESPONSE 999 = NOT TESTED

PURE TONE AUDIOMETRY RESULTS

FREQUENCY IN HERTZ

LEFT EAR								HZ DB	RIGHT EAR							
250	500	1000	2000	3000	4000	6000	8000		250	500	1000	2000	3000	4000	6000	8000
0 0	0 0	0 0	0 0	0 0	0 0	0 0	0 0			0 0	0 0	0 0	0 0	0 0	0 0	0 0
1	1	1	1	1	1	1	1		1	1	1	1	1	1	1	1
2	2	2	2	2	2	2	2		2	2	2	2	2	2	2	2
3	3	3	3	3	3	3	3		3	3	3	3	3	3	3	3
4	4	4	4	4	4	4	4		4	4	4	4	4	4	4	4
5	5	5	5	5	5	5	5		5	5	5	5	5	5	5	5
6	6	6	6	6	6	6	6		6	6	6	6	6	6	6	6
7	7	7	7	7	7	7	7		7	7	7	7	7	7	7	7
8	8	8	8	8	8	8	8		8	8	8	8	8	8	8	8
9	9	9	9	9	9	9	9		9	9	9	9	9	9	9	9

RELIABILITY: <input type="radio"/> GOOD <input type="radio"/> FAIR <input type="radio"/> QUESTIONABLE <input type="radio"/> REFUSED TEST	HEARING AID USE: <input type="radio"/> NONE <input type="radio"/> LEFT EAR <input type="radio"/> RIGHT EAR <input type="radio"/> BOTH EARS	TINNITUS: NONE <input type="radio"/> L <input type="radio"/> R <input type="radio"/> B MILD <input type="radio"/> L <input type="radio"/> R <input type="radio"/> B MODERATE <input type="radio"/> L <input type="radio"/> R <input type="radio"/> B SEVERE <input type="radio"/> L <input type="radio"/> R <input type="radio"/> B	<input checked="" type="radio"/> <input type="radio"/> COMMENTS?
---	---	--	--

INTERPRETATION


HEARING ABILITY	LOW FREQUENCIES (250 HZ to 500 HZ)		MID FREQUENCIES (1000 HZ to 2000 HZ)		HIGH FREQUENCIES (3000 HZ to 8000 HZ)	
	AS	AD	AS	AD	AS	AD
NORMAL LOSS (0-25 Db)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
MILD LOSS (30-40 Db)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
MODERATE LOSS (45-60 Db)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
SEVERE LOSS (65-85 Db)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
PROFOUND LOSS (90-110 Db)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
COULD NOT EXAMINE	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
	LEFT	RIGHT	LEFT	RIGHT	LEFT	RIGHT

SUMMARY AND RECOMMENDATIONS

<input type="radio"/> NORMAL HEARING BILATERALLY <input type="radio"/> ABNORMAL FINDINGS <input type="radio"/> REFUSED EXAM	YES NO <input checked="" type="radio"/> <input type="radio"/> ADDITIONAL TESTS RECOMMENDED? <input checked="" type="radio"/> <input type="radio"/> CONSIDER HEARING AID CONSULTATION AND/OR TRIAL?
---	--

☒ ☐ RECOMMENDATIONS OR OTHER COMMENTS?

PRINTED NAME OF AUDIOLOGIST	INITIALS: / DATE:	FORM QA AUDIT DONE BY:
		ID = 1 2 3 4 5 6
		INITIALS: DATE:

PARTICIPANT LABEL	CASE NUMBER	GROUP NUMBER	
	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9	
	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9	
	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9	
	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9	
	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9	

FORM AFHS-21 TITMUS VISION SCREEN & TONOMETRY

YEAR 5
FOLLOW UP

FAR VISION TESTS (20 FEET)

		TARGET:	1	2	3	4	5	6	7	8	9	10	11	12	13	14	NOT TESTED
		SNELLEN EQUIVALENTS	20/200	20/100	20/70	20/50	20/40	20/35	20/30	20/25	20/22	20/20	20/18	20/17	20/15	20/13	
LEFT	CORRECTED		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
RIGHT	CORRECTED		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
LEFT	UNCORRECTED		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
RIGHT	UNCORRECTED		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

STEREO DEPTH PERCEPTION

		STEREO DEPTH (SHEPARD-FRY %)	1	2	3	4	5	6	7	8	9	NOT TESTED
			15%	30%	50%	60%	70%	80%	85%	90%	95%	
<input type="radio"/> NORMAL			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
<input type="radio"/> ABNORMAL			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

COLOR VISION (STANDARD ISHIHARA PLATES)

	A	B	C	D	E	F	NOT TESTED
<input type="radio"/> NORMAL (4-6 CORRECT)	12	5	26	6	16	0	<input checked="" type="radio"/>
<input type="radio"/> PARTIALLY COLOR BLIND	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
<input type="radio"/> COLOR BLIND (ONLY 1 CORRECT)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

VERTICAL STEREO FOCUS

HYPERPHORIA?		PRISM DIOPTERS:	1	2	3	4	5	6	7	NOT TESTED
NONE LEFT	RT		1 1/2	1	1/2	*	1/2	1	1 1/2	<input checked="" type="radio"/>
<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
<input type="radio"/>	<input type="radio"/>		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

LATERAL STEREO FOCUS

		ESOPHORIA	EXOPHORIA															
<input type="radio"/> NORMAL			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	NOT TESTED
<input type="radio"/> ESOPHORIA			7	6	5	4	3	2	1	*	1	2	3	4	5	6	7	<input checked="" type="radio"/>
<input type="radio"/> EXOPHORIA			<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

NEAR VISION TESTS (14 INCHES)

		TARGET:	1	2	3	4	5	6	7	8	9	10	11	12	13	14	NOT TESTED
		SNELLEN EQUIVALENTS	20/200	20/100	20/70	20/50	20/40	20/35	20/30	20/25	20/22	20/20	20/18	20/17	20/15	20/13	
LEFT	CORRECTED		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
RIGHT	CORRECTED		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
LEFT	UNCORRECTED		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
RIGHT	UNCORRECTED		<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>

TONOMETRY (NON CONTACT TONOMETER)

			LEFT EYE	RIGHT EYE
NORMAL	ABNORMAL	NOT TESTED		
LEFT	<input type="radio"/>	<input checked="" type="radio"/>	0 1 2 3 4	0 1 2 3 4
RIGHT	<input type="radio"/>	<input checked="" type="radio"/>	0 1 2 3 4 5 6 7 8 9	0 1 2 3 4 5 6 7 8 9

Y N ADDITIONAL TESTS RECOMMENDED?

Y N COMMENTS?

FORM QA AUDIT BY:
1 2 3 4 5 6 INITIALS:


FORM AFHS - 22 HEMOCCULT AND PROCTOSCOPIC EXAM

PART 1 PARTICIPANTS, PLEASE RECORD THE DATE OF EACH STOOL SAMPLED AND DESCRIBE ANY ALTERATIONS FROM THE HEMOCCULT DIET. THE CLINIC WILL COMPLETE PARTS 2 + 3.

PACKET 1
PACKET 2
PACKET 3

DATE OF SMEAR : _____

 COMPLY WITH DIET ? ☐ YES ☐ NO

☐ YES ☐ NO

☐ YES ☐ NO

COMMENTS :

PART 2 SKD HEMOCCULT II SLIDE SAMPLE KIT EXAMINATION RESULTS
(TO BE COMPLETED BY BY THE CLINIC)

RESULTS :

☐
☐
☐

("+" = Positive, "-" = No Reaction or Negative, "x" = No Sample Provided)

HEMOCCULT EXAM WAS :
☐ COMPLETE
(ALL 3 PACKETS)

☐ INCOMPLETE
(< 3 PACKETS)

☐ SAMPLED AT RECTAL EXAM
(0 PACKETS)

☐ ALL NEGATIVE

☐ AT LEAST 1 POSITIVE

PART 3 PROCTOSCOPIC EXAMINATION WAS :

☐ NOT INDICATED

☐ REFUSED

☐ PERFORMED

BY _____ ON ____/____/____ AT: _____

☐ REFERRED TO HOME DOCTOR FOR CONFIRMING HEMOCCULT TEST

RESULTS FOR TESTS WHICH WERE PERFORMED, INDICATED THE EXAM WAS:

☐ NORMAL (NO NOTEWORTHY VARIATIONS OR ABNORMALITIES OBSERVED)

☐ ABNORMAL (NO IMMEDIATE ACTION NEEDED, REPEAT EXAM IN ____ MONTHS)

☐ ABNORMAL (REQUIRES FURTHER TESTING OR IMMEDIATE ACTION)

PROCTOSIGMOIDOSCOPY

DISTANCE EXAMINED ____ CM

YES
SEVERITY

		1+	2+	3+	4+
<input type="checkbox"/>	perianal area abnormal				
<input type="checkbox"/>	external hemorrhoids				
<input type="checkbox"/>	sphincter tone				
<input type="checkbox"/>	prostate abnormal				
<input type="checkbox"/>	papillae abnormal				
<input type="checkbox"/>	internal hemorrhoids				
<input type="checkbox"/>	mucosa abnormal				
<input type="checkbox"/>	polyps				
<input type="checkbox"/>	spasm				

COMMENTS:


 PRINTED NAME OF
GASTROENTEROLOGIST

ID# INITIALS DATE

 FORM QA AUDIT DONE BY
ID# INITIALS DATE

